

Vapor Intrusion Guidance

Executive Summary

Vapor Intrusion (VI) is defined in the Investigation and Remediation of Contaminated Properties Rule (IRule) as the migration of volatile and semi-volatile chemicals from contaminated environmental media into a structure. VI can put occupants of homes and businesses at risk of breathing volatile contaminants at concentrations that pose a risk to human health.

This document is the Vermont Agency of Natural Resources (ANR) Vapor Intrusion Guidance. It details the steps necessary to perform a VI assessment, to determine if VI is occurring, to determine whether VI is a risk to existing or future buildings at a site, to determine if VI needs to be mitigated, and what is required to demonstrate a VI remedy is effective. Flowcharts to help illustrate the steps that should be taken when assessing the VI pathway are included in [Appendix A](#).

This document also provides strategies for conducting soil vapor investigations, sub-slab vapor and indoor air sampling strategies and techniques, both as a method to assess whether VI may be an issue and as part of a site investigation, as required by the IRule. [Appendix B](#) includes guidance on specific methods for testing soil vapor and indoor air. [Appendix C](#) discusses various vapor intrusion mitigation strategies that can be used in cases where the VI pathway is found to be complete. Lastly, [Appendix D](#) includes template forms that can be used during initial building assessments and sampling events.

When to use this Guidance

This vapor intrusion pathway evaluation guidance should be implemented by the consultant:

- When building occupants report symptoms indicative of exposure to a release of volatile chemicals
- When an IRule site investigation identifies a release of volatile chemicals of concern within the lateral inclusion zone of a structure
- When a proposed redevelopment may potentially complete the vapor intrusion pathway



Table of Contents

Executive Summary	1
Site Investigation	4
Assessment of Vapor Intrusion Pathway	4
Step 1 - Are there concentrations of vapors in any structure caused by the release that could cause an Acute Risk?.....	4
Step 2 – Is the Conceptual Site Model (CSM) Sufficiently Robust to Evaluate the Vapor Intrusion Pathway?	5
Step 3 – Are the Compounds of Concern (COCs) Volatile and Toxic?	8
Step 4 – Are the Compounds of Concern (COCs) Degradable?	9
Step 5 - Poorly biodegradable COCs/Chlorinated Volatile Organic Hydrocarbons (CVOC) within 100’ of a Structure	9
Step 6 – VI Investigation Demonstrates contaminants in Subsurface Exceed Environmental Media Standards	10
Step 7 – Readily Biodegradable COCs/Petroleum Hydrocarbon (PHC) within 30 horizontal feet of a Structure	11
Step 8 – Is LNAPL within 18 feet of Structure?	11
Step 9 – Is Dissolved Groundwater or a non-LNAPL Soil Source within 6’ of Structure?	12
Step 10 - VI Investigation Exceeds Environmental Media Standards	12
Appendix A	13
Vapor Intrusion Investigation Flowchart	15
Chlorinated Vapor Intrusion (CVI).....	16
Petroleum Vapor Intrusion (PVI) Investigation Flowchart.....	17
Vapor Intrusion Investigation Flowchart	18
Appendix B	20
1.0 Soil Vapor Surveys.....	21
1.1 Introduction	21
1.2 Soil Vapor Survey as Part of a Site Investigation	21
1.2.1 Acceptable Soil Vapor Survey Methods.....	21
1.2.2 Soil Vapor Survey and Soil Gas Sampling Tools	25
2.0 Sub-slab Soil Vapor and Indoor Air Sampling	27
2.1 Building Inventory/Assessment	27
2.2 Sub-Slab Soil Gas Sampling Guidance.....	28
2.2.1 Determine Sample Locations.....	28
2.2.2 Sampling Point Installation	29
2.2.3 Leak Testing Procedures	32

2.2.4 Sub-slab Soil Gas Sample Collection	35
2.3 Indoor Air Sampling	37
2.3.1 General Considerations.....	37
2.3.2 Indoor Air Sampling Methods.....	37
2.3.3 Considering High Volume Air Exchange Rates.....	39
2.3.4 Collecting Representative Indoor Air Samples	39
2.3.5 Number of Indoor Air Sampling Locations.....	40
2.3.6 Indoor Air Quality Control Samples	41
2.3.7 Indoor – Sub-slab Pressure Differential Measurement.....	41
2.3.8 Tools Needed to Sample Indoor Air.....	42
2.3.9 Analytical Methods	43
Appendix C.....	44
1.0 Introduction	45
2.0 Interim VI Mitigation Strategies to Address Immediate Acute Risk.....	45
3.0 Active Sub-slab Depressurization Systems (SSDS)	46
3.1 Considerations for Basements.....	46
3.2 Considerations for Slab-on-grade Foundations.....	47
3.3 Aerated Floor Systems	47
3.4 Sump Pump Pit Remediation	48
3.5 Demonstrating the Effectiveness of an Active VI Mitigation System.....	49
3.5.1 <i>SSDS Active VI mitigation</i>	49
3.5.2 <i>HVAC Balancing</i>	50
3.5.3 <i>Sump Pit Vapor Remediation</i>	50
4.0 Passive VI Controls	50
4.1 Impermeable Vapor Membrane	50
4.2 Passive Sub-slab Depressurization System	51
4.3 Sub-slab Ventilation System	51
4.4 Assessing Effectiveness of Passive VI Prevention	52
5.0 Indoor Air Issues from Contaminated Building Materials	52
5.1 Assessing effectiveness of remediation Indoor air issues from contaminated building materials	52
6.0 Future Construction and Institutional Controls.....	53
Appendix D	54

Site Investigation

After a release of hazardous materials has been reported to ANR, the Secretary of ANR (the Secretary) may require the potentially responsible party to conduct a site investigation for the purpose of characterizing the area where a release is known or suspected to have occurred, including the degree and extent of contamination resulting from the release. The initial site investigation must comply with the elements of the IRule and identify sensitive receptors; meaning any natural or human-constructed feature that may be adversely affected by the release of a volatile hazardous material. Sensitive receptors may also include public water sources, sources of water for potable water supplies, groundwater, surface waters, wetlands, soils, sensitive ecological areas, outdoor and indoor air, and enclosed spaces such as basements, sewers, and subsurface utilities that may pose a potential risk to public health. As required by and defined in the IRule, the first step of a site investigation is to develop a Conceptual Site Model (CSM). The CSM should inform or direct the evaluation of sensitive receptors that could be impacted by the release. For the purposes of this document the CSM should focus on the vapor intrusion pathway.

Assessment of Vapor Intrusion Pathway

Steps One through Ten in the following Sections must be followed in order to completely assess the vapor intrusion pathway. [Appendix A](#) includes flowcharts to help visualize these steps and the decisions that the user should go through to determine if additional VI investigation is necessary and if VI mitigation must be conducted.

Step 1 - Are there concentrations of vapors in any structure caused by the release that could cause an Acute Risk?

The initial CSM will include a preliminary assessment of the potential for vapors entering structures at levels that could cause acute vapor risks (e.g., explosive vapors, vapors that are causing immediate symptoms of exposure like headaches, nausea, illness, or are at high enough levels that they can be noticed without environmental sampling).

In these cases, the vapor intrusion issue should be addressed immediately to mitigate the risk. Examples of immediate risk mitigation include ventilation, emergency soil vapor extraction system installation, and/or relocation of building occupants.

If during subsequent vapor intrusion investigations the potential risk to residents exceeds a $10E-4$ carcinogenic risk as determined in the Cumulative Risk Assessment (CRA) Indoor Air Calculator, then the ANR site project manager must be immediately notified and at least one of the immediate mitigation options listed above should be implemented.

Step 2 – Is the Conceptual Site Model (CSM) Sufficiently Robust to Evaluate the Vapor Intrusion Pathway?

Developing an appropriate CSM that fully characterizes the site is a critical component in determining if a release of volatile organic compounds (VOCs) can affect indoor air quality, thereby completing the vapor intrusion pathway. In general, the CSM should follow Section 35-303 in the IRULE, with critical components of a thorough CSM for VI to include, at a minimum, the following:

- Land Use History (focusing on activities that could lead to a release of VOC)
- Site type (geology, surface release, subsurface release, migrating contaminated groundwater)
- Vapor Source (VOC type, chlorinated hydrocarbons versus petroleum hydrocarbons)
- Degree and Extent of the source area, media being affected (soils, groundwater, non-aqueous phase liquids (NAPL))
- Other Considerations (dried clays, **preferential pathways** (underground infrastructure, sewers, buried river channels), structure and foundation types, perched groundwater conditions, etc.)
- Distance from sources (including source type) to potentially affected structures. This distance must be compared to the lateral and vertical separation distance values for the contaminant of concern (COC) in this document
- Inventory of chemical storage and use at buildings being evaluated, if available

The site investigation should be designed to collect the data required to refine the CSM so that it can guide the design of any necessary remediation, including mitigation of VI. The following sections describe important information that should be discussed and evaluated in a CSM:

Site Type

Determining the type of site is critical in determining the factors that influence vapor intrusion. Critical components that affect how the site is evaluated for VI issues include understanding the geology and hydrogeology, defining the presence of any confining layers, perched groundwater, or diving groundwater conditions. It is also essential to understand the type of release and how this affects the potential for vapor intrusion. Types of releases can include releases from underground storage tanks, sewer lines, disposal to a septic system, spills, surface soils, etc. The CSM should address the hazardous materials released, over what period of time, and the potential release mechanism. Was the release a catastrophic spill or a slow release over time? These considerations, and others, can

increase the understanding of the site, fate and transport of the material released, and the potential for vapor intrusion.

It is also important to consider the use of the structures that are being evaluated for potential vapor intrusion. Is the structure residential or non-residential? Is the structure a daycare or a warehouse? Each of these scenarios could lead to using different risk values (represented on the VI look up table available in Appendix A of the Investigation and Remediation of Contaminated Properties Rule), with some scenarios potentially needing a site-specific risk evaluation.

Vapor Source

The types of hazardous materials released to the subsurface can affect the potential for vapor intrusion at a site. What type of volatile (or in some cases, semi-volatile) compound is being evaluated? Is the release a chlorinated VOC, a petroleum VOC, or another type of volatile compound? If the release is a petroleum VOC, an initial site question to consider is if there is Light Non-Aqueous Phase Liquid (LNAPL) present. Are the soils saturated with LNAPL or is the LNAPL residual phase? What is the extent of the dissolved phase contamination in groundwater? These differentiations can affect the lateral inclusion zone and/or the vertical separation distances (defined below) in determining the vapor intrusion pathway.

If the source is a Dense Non-Aqueous Phase Liquid (DNAPL), are there confining layers where the DNAPL can be perched above the water table? What are the field condition Henry's law constants of the compounds released?

Degree and Extent of the Source Area

In order to evaluate the vapor intrusion pathway, it is critical to know the degree and extent of both the release/source area and the media (aquifer matrix, groundwater, soil) being affected, and to determine if there is LNAPL or DNAPL, residual phase NAPL contamination (soil contamination), vapor phase contamination, and/or dissolved phase contamination in groundwater and how these factors can affect the vapor intrusion pathway. These factors are needed to determine the lateral inclusion zone and the vertical separation distance.

Lateral Inclusion Zone and Vertical Separation Distance

The presence of volatile hazardous material in the subsurface does not automatically indicate that VI is an issue. The properties of the contaminant and the vertical and horizontal distance between contaminated media and a structure are controlling factors to characterize when assessing possible VI issues.

The Lateral Inclusion Zone and Vertical Separation Distance are different for chlorinated hydrocarbons (for VI considerations a non-degradable VOC) than they are for petroleum hydrocarbons (for VI considerations a degradable VOC).

- Go to [Step 5](#) for chlorinated hydrocarbons;
- Go to [Step 7](#) for petroleum hydrocarbon Lateral Inclusion Zone;
- Go to [Step 8](#) for petroleum hydrocarbon LNAPL; or
- Go to [Step 9](#) for petroleum hydrocarbon residual phase or dissolved contamination Vertical Separation Distance.

Lateral Inclusion Zone

The lateral inclusion zone is the horizontal area between a VI source and a structure. The distance of a lateral inclusion zone may differ based on the nature of the VI contaminant source (residual soil contamination versus low strength dissolved groundwater contamination versus high strength dissolved groundwater contamination). If a structure is within the lateral inclusion zone, then the user must perform an evaluation (at a minimum a paper evaluation showing contaminant source, contaminated media, and structures of concern; including distances between each) to determine if the vapor intrusion pathway has been completed. It is very important to accurately determine the lateral inclusion zone using soil borings and/or monitoring wells. If the user is unsure if contamination is within the lateral inclusion zone, the user should perform additional site characterization to fully determine the degree and extent of soil and groundwater contamination in order to determine if contamination is inside or outside the lateral inclusion zone.

Vertical Separation Distance

The vertical separation distance is the distance between a VI source and a structure. For most sites the vertical separation distance is the distance from the source of the contamination (contaminated groundwater or a contaminated soil source) to the structure (basement slab, basement walls, or slab for slab-on-grade). The vertical separation distance may vary based on the nature of the VI contaminant source (residual soil contamination versus low strength dissolved groundwater contamination versus high strength dissolved groundwater contamination). Much like the lateral inclusion zone determination, the site must be understood well enough in order to determine if a structure is within the vertical separation distance to the vapor source. Please note: if there is uncontaminated groundwater between contaminated groundwater and the unsaturated zone and the structure, there may be no vapor intrusion pathway even if the contamination is within the vertical separation distance. Conditions like this must be fully characterized and explained in the CSM.

Other Considerations

Consider site variables that could complicate the normal VI evaluation process. Site variables that can modify lateral inclusion zones or vertical separation distances include but are not limited to geologic preferential pathways such as fractured rock or very coarse geologic features (e.g. eskers), dried clays with high degree of cracking that create highly conductive preferential pathways, anthropogenic preferential pathways such as utility conduits, drains, sumps, and others. There may be multiple footings or frost walls below buildings that have been expanded that act as barriers to block vapor flow/migration.

Large buildings or parking lots may affect vapor migration or oxygen recharge to the subsurface, thereby reducing the biodegradation of petroleum vapors and increasing the lateral inclusion zone or vertical separation distance. These conditions should be fully understood and explained in the CSM, and if not fully understood, direct additional VI investigation.

In cases where these pathways cannot be fully investigated, it may be necessary to perform vapor intrusion investigations closer to the structure or go directly to sampling indoor air.

Other considerations include potential background indoor or outdoor air concentrations that are caused by chemicals from sources other than the vapors from a hazardous materials site. Indoor air may be affected by volatile or semi-volatile compounds from consumer products or building materials (dry-cleaning solvents on clothing, cleaning products, carpeting, exhaust from cars or vapors from stored petroleum products in attached garages, e.g.). Outdoor ambient air can sometimes have VOCs at concentrations greater than the levels found in indoor air, thereby affecting the concentrations identified in indoor air samples. Some structures, such as restaurants, can have large ventilation hoods, creating large negative pressures in the building, potentially increasing advective flow, thereby drawing greater amounts of make-up air from the subsurface into the building.

Potential future land uses are important to consider if a vapor plume is located in an area of potential development. Considerations for this may include modeling of the vapor intrusion pathway to determine what type of institutional controls may be necessary to prevent exposure to contaminated vapors in any new structures that may be built. These may include Notices to the Land Records, land use restrictions on the property (residential vs. non-residential), or requirements for vapor barriers or sub-slab venting systems for new building designs and construction.

All of these considerations should be discussed and evaluated in the CSM.

Step 3 – Are the Compounds of Concern (COCs) Volatile and Toxic?

Using information from [Step 2](#) (CSM), determine if the COCs are sufficiently volatile and present in high enough concentrations to cause an exceedance of vapor standards (this can be checked in the IRule – Appendix A – S 35-APX-A2. Vapor Intrusion Standards Table or the EPA RSL Table if COC is not included in Appendix A). The user should consider that some compounds degrade into other compounds that potentially are more toxic with a lower standard than the parent compound (an example of this is tetrachloroethene degrading to trichloroethene to dichloroethene and finally to vinyl chloride). Remember, there are other COCs besides chlorinated hydrocarbons or petroleum hydrocarbons that may need to be evaluated (methane, hydrogen sulfide, freons, mercury, etc.). If there is a COC entering a structure that is not in the IRule vapor intrusion values table (Appendix A) or in EPA RSLs, then the user may need to work with the state program manager to determine if the COC is a potential vapor intrusion issue.

Step 4 – Are the Compounds of Concern (COCs) Degradable?

In order to determine the response to the presence of contamination in the subsurface with respect to VI, the types of COCs and if they are readily biodegradable (BTEX and petroleum hydrocarbons (PHC)) or degrade slowly (chlorinated volatile organic compounds (CVOC)) must be understood. Empirical data collected by EPA and the Interstate Technology and Regulatory Council have both shown that PHCs (and some other hydrocarbons) degrade quickly in the presence of oxygen which is commonly present in subsurface soils. Aerobic degradation by microbes can occur more quickly in the subsurface to degrade petroleum hydrocarbons to carbon dioxide and water. Based on this faster degradation rate, the lateral inclusion zone and vertical separation distance for petroleum hydrocarbons are much smaller (see Steps [7](#), [8](#), and [9](#) for Petroleum Vapor Intrusion (PVI)) than they are for CVOC's (see [Step 5](#) Chlorinated Vapor Intrusion (CVI)).

CVOCs also can break down in the subsurface, but they do so more readily in anaerobic conditions and the process is much slower than that of PHCs. Therefore, the lateral inclusion zone and vertical separation distance is much greater for CVOC's than for PHCs.

If the contaminants present within the subsurface are not petroleum based (readily biodegradable), then the user should go to Appendix A (Flowchart Page F2) and follow the [Chlorinated Vapor Intrusion \(CVI\) Flowchart](#).

If the contaminants are readily biodegradable, then the user should go to Appendix A (Flowchart Page F3) and follow the [Petroleum Vapor Intrusion \(PVI\) Flowchart](#).

Once the CSM has been refined enough to allow a determination of the lateral inclusion zone and vertical separation distance, and the user has determined that the COCs are volatile, with concentrations that may exceed applicable standards as listed in the IRule or RSL's, and poorly degradable, the user should move to [Step 5](#) – CVI Steps, to determine how to proceed, and then, if needed, to [Step 6](#) to conduct the additional VI investigation.

If the CSM indicates contaminants are readily biodegradable, the user should move to Steps [7](#), [8](#), and [9](#).

Step 5 - Poorly biodegradable COCs/Chlorinated Volatile Organic Hydrocarbons (CVOC) within 100' of a Structure

For poorly degradable COCs such as CVOCs, the user should determine if CVOCs are present within 100 feet laterally or vertically from a structure. This can be determined using groundwater monitoring wells, vapor points and/or soil borings (and perhaps all of these are needed depending on site specific conditions).

For CVOCs, if the contamination identified is:

1. NAPL (for soils any NAPL triggers action);

2. dissolved in groundwater at concentrations above the standards listed in Appendix A of the IRule – Vapor Intrusion Standards – Groundwater;
3. in vapor form at concentrations above the standards posted in Appendix A of the IRule - Vapor Intrusion Standards – Sub-slab Soil Gas; or
4. sorbed to soils in the unsaturated zone located laterally or vertically within 100 feet of a structure,

then the user must perform a vapor intrusion investigation as explained in the flowcharts in [Appendix A](#) of this document. For guidance on specific procedures for conducting soil vapor, sub-slab, and indoor air sampling, the user should refer to [Appendix B](#).

After completing the vapor intrusion investigation as outlined in [Appendix A](#) and [Appendix B](#), the user should proceed to [Step 6](#). If none of the conditions exist within 100 feet of a given structure, then No Additional Vapor Intrusion Investigation is Needed (NAVIN).

Note: If there are preferential pathways for vapor transport such as utility trenches or coarse backfill around sewer lines, or highly transmissive geologic pathways, the 100-foot lateral exclusion zone may need to be expanded along the preferential pathway and identified in the CSM. Conversely, if contaminated groundwater is located within 100 vertical feet of a structure but is in a confined aquifer or below clean groundwater, then it is possible that there will be no vertical pathway for migration of vapors. In cases such as these, the 100 feet vertical separation distance may be revised on a site-specific basis and should be discussed in the CSM.

Step 6 – VI Investigation Demonstrates Contaminants in Subsurface Exceed Environmental Media Standards

If contaminants are found in the subsurface at concentrations exceeding the IRule sub-slab soil gas or groundwater vapor intrusion standards, it will be necessary to perform a VI investigation as outlined in [Appendix A](#) of this document. If after performing the VI investigation, the VI investigation results exceed the IRule Indoor Air Standard for the COC(s), then the user should take steps to mitigate the risk posed by indoor air (go to [Appendix C – Vapor Intrusion Mitigation](#)). If during any step of this process the user decides the likelihood of an elevated risk exists to indoor air and human health, the user may move to mitigation. See [Appendix C for mitigation options](#)). If the VI risk is determined to be greater than 10E-4 for carcinogenic risk as determined in the Cumulative Risk Assessment (CSA) Indoor Air Calculator, then the user should notify the ANR site project manager immediately and steps must be taken immediately to mitigate this risk as outlined in Step 1 of the [Vapor Intrusion Investigation Flowchart](#)). If the VI investigation results do not exceed any of the screening criteria as outlined in the [Vapor Intrusion Investigation Flowchart](#) Page F4 in Appendix A, then No Additional Vapor Intrusion Investigation is Needed (NAVIN) and the structure does not need to be mitigated.

Step 7 – Readily Biodegradable COCs/Petroleum Hydrocarbon (PHC) within 30 horizontal feet of a Structure

For readily degrading COCs such as PHC's, the user should determine if PHC's are within 30 feet horizontally of a structure (lateral inclusion zone). This can be determined using groundwater monitoring wells, vapor points, and/or soil borings.

For PHCs, if the contamination identified is dissolved in groundwater at concentrations above the values posted in Appendix A of the IRULE – Vapor Intrusion Standards - Groundwater, in vapor form in concentrations above the values posted in Appendix A – Vapor Intrusion Standards – Sub-slab Soil Gas, or sorbed to soils in the unsaturated zone (for soils any PHC identified triggers action) are horizontally within 30' of a structure in concentrations above the relevant environmental media standards, then the user should move to Step 8. This screening step should be performed before any vapor intrusion field work is performed or considered. If none of the above are horizontally within 30 feet horizontally of a structure, then NAVIN.

Note: If there are obvious preferential pathways for vapor transport such as highly transmissive geology, utility trenches, floor drains, sumps, or coarse backfill around sewer lines, the 30 foot horizontal exclusion zone may need to be expanded based on site specific conditions and as identified in the CSM.

Step 8 – Is LNAPL within 18 feet of Structure?

If LNAPL is determined to be within 18 feet of a structure, then the user must perform a VI investigation as outlined in [Appendix A](#) of this document. For this document, LNAPL is defined as:

- Current or historic presence of LNAPL (free product or sheens observed)
- UV Fluorescence (UV) or laser induced fluorescence (LIF) demonstrates the presence of LNAPL
- PID or FID detections >500 ppm
- Concentrations in groundwater:
 - Benzene > 1 mg/L
 - TPH (gasoline) > 30 mg/L
 - BTEX > 20 mg/L
- Concentrations in soils:
 - Benzene > 10 mg/kg
 - TPH (gasoline) > 250 mg/kg

If no LNAPL exist vertically within 18' of a structure, then the user should move to [Step 9](#) of this document to determine if dissolved groundwater or a weaker soil source exists closer to building that could necessitate a VI investigation.

Step 9 – Is Dissolved Groundwater or a non-LNAPL Soil Source within 6’ of Structure?

If dissolved petroleum COCs in groundwater or a contaminated soil source that isn't LNAPL is determined to be within 6 feet of a structure, then the user must perform a VI investigation outlined in [Appendix A](#) of this document. For this document, dissolved petroleum COCs in groundwater or a contaminated soil source is defined as:

- Groundwater: between LNAPL (as defined in Step 8 above) and VI Table Values from IRule, Appendix A – Vapor Intrusion Standards – Groundwater
- Soils: Between LNAPL (as defined in Step 8 above) and soil detection limits

If there are no dissolved petroleum COCs in groundwater, or a contaminated soil source that isn't LNAPL exists within 6 feet of a structure, then NAVIN.

Step 10 - VI Investigation Exceeds Environmental Media Standards

If during any of these steps the VI investigation exceeds the standards for the environmental media in question, then the VI pathway is determined to be completed and the user must mitigate the structure. Go to [Appendix C](#) of this document to determine possible VI mitigation technologies.

Appendix A

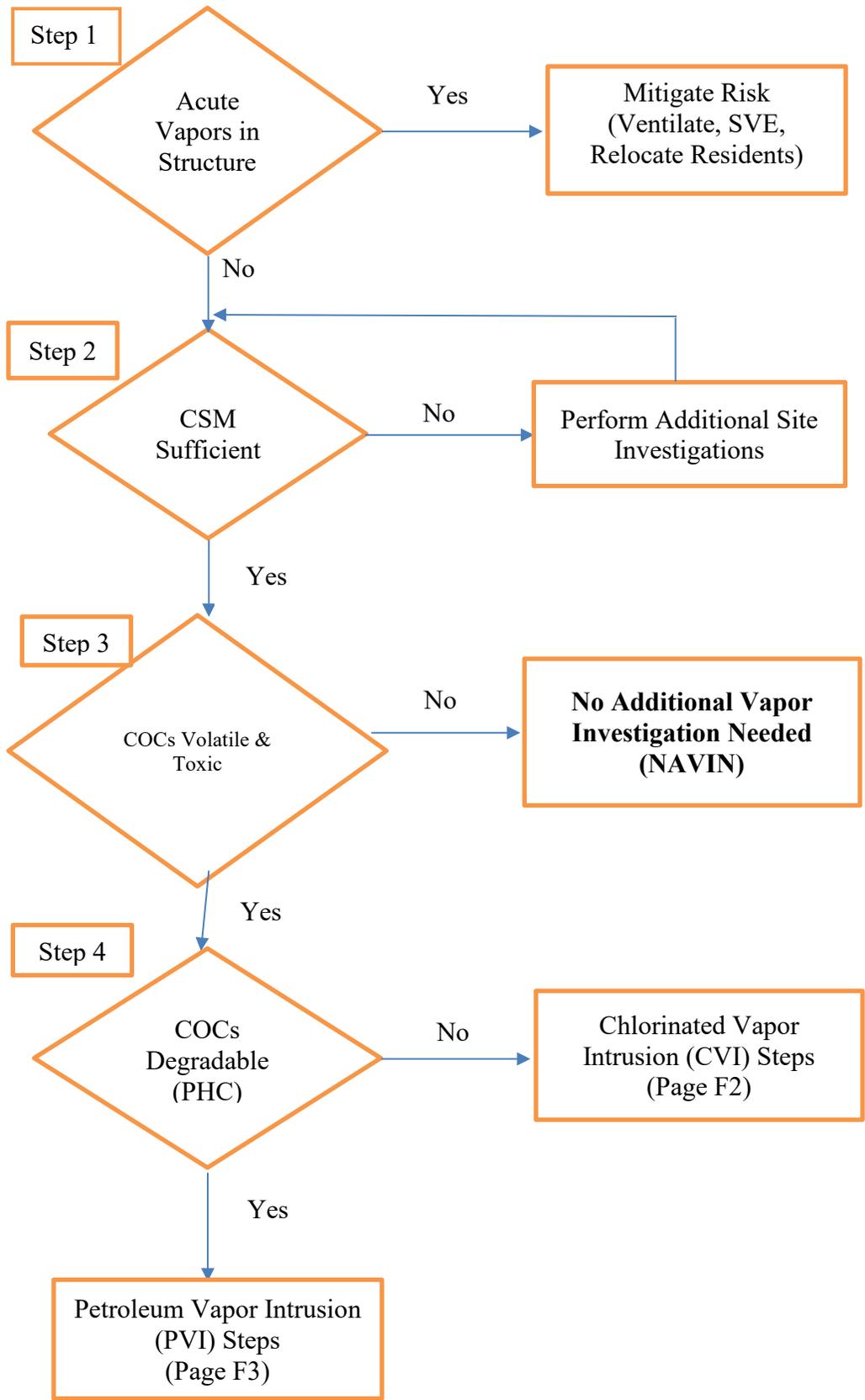
Flow Charts to Determine if Additional VI Site Investigation (CVI or PVI) is Necessary

Additional VI Site Investigation (CVI or PVI)

Appendix A explains the steps to be followed should a site need to have a vapor intrusion investigation. Any specific steps in this process may be skipped and a different action identified further down the flowchart may be performed. The user may always assume, based on site specific data from the CSM or from results of a previous VI investigation step, that the structure being investigated is likely to have a completed VI pathway and vapor levels in indoor air are likely to exceed the indoor air screening levels listed in IRule Appendix A – Vapor Intrusion Values – Vermont Air Screening Levels (Indoor Air) , then the user may take steps immediately (after approval by the State project manager) to mitigate the risks posed.

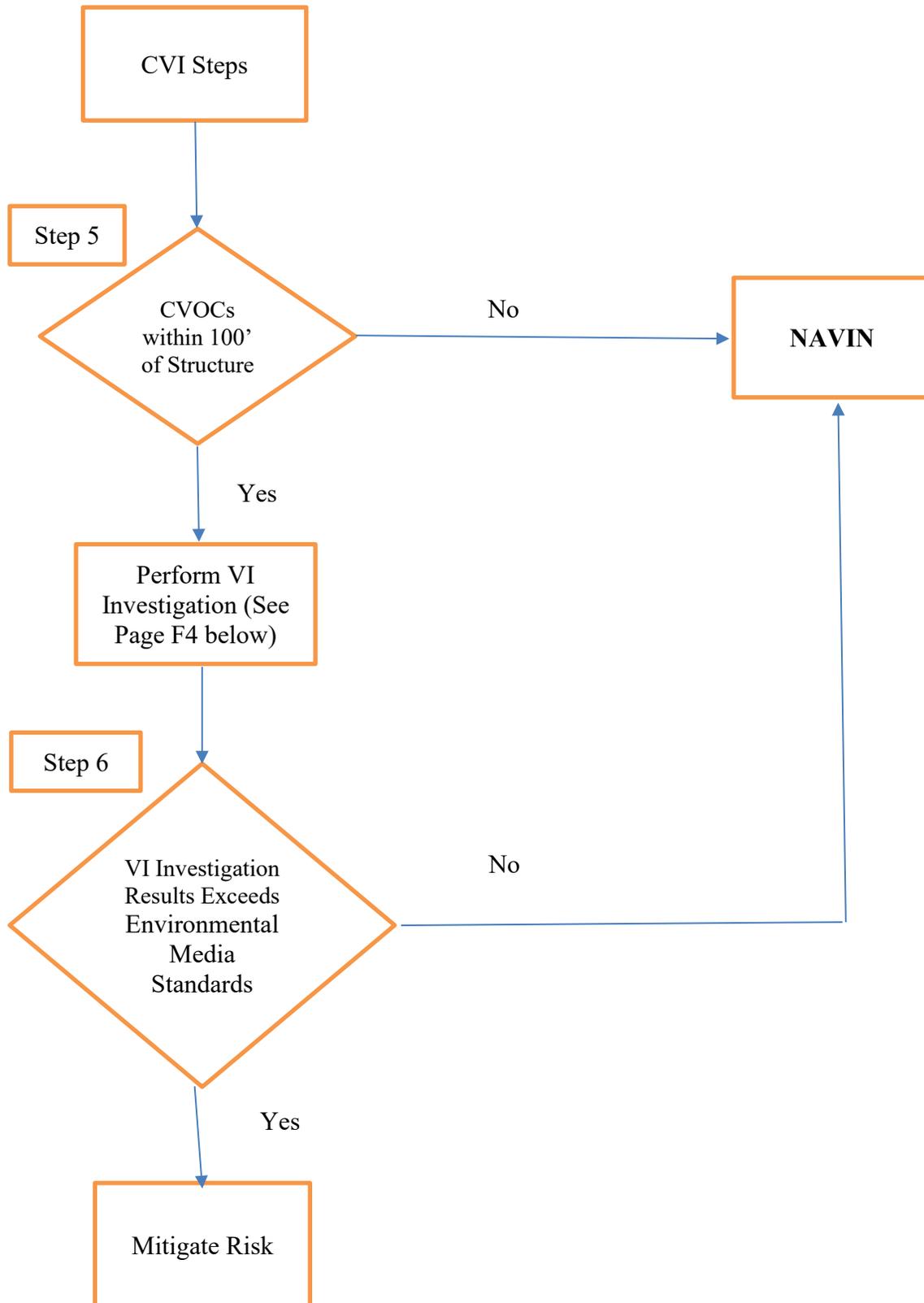
The VI Investigation decision process is included in the following flowcharts:

Vapor Intrusion Investigation Flowchart

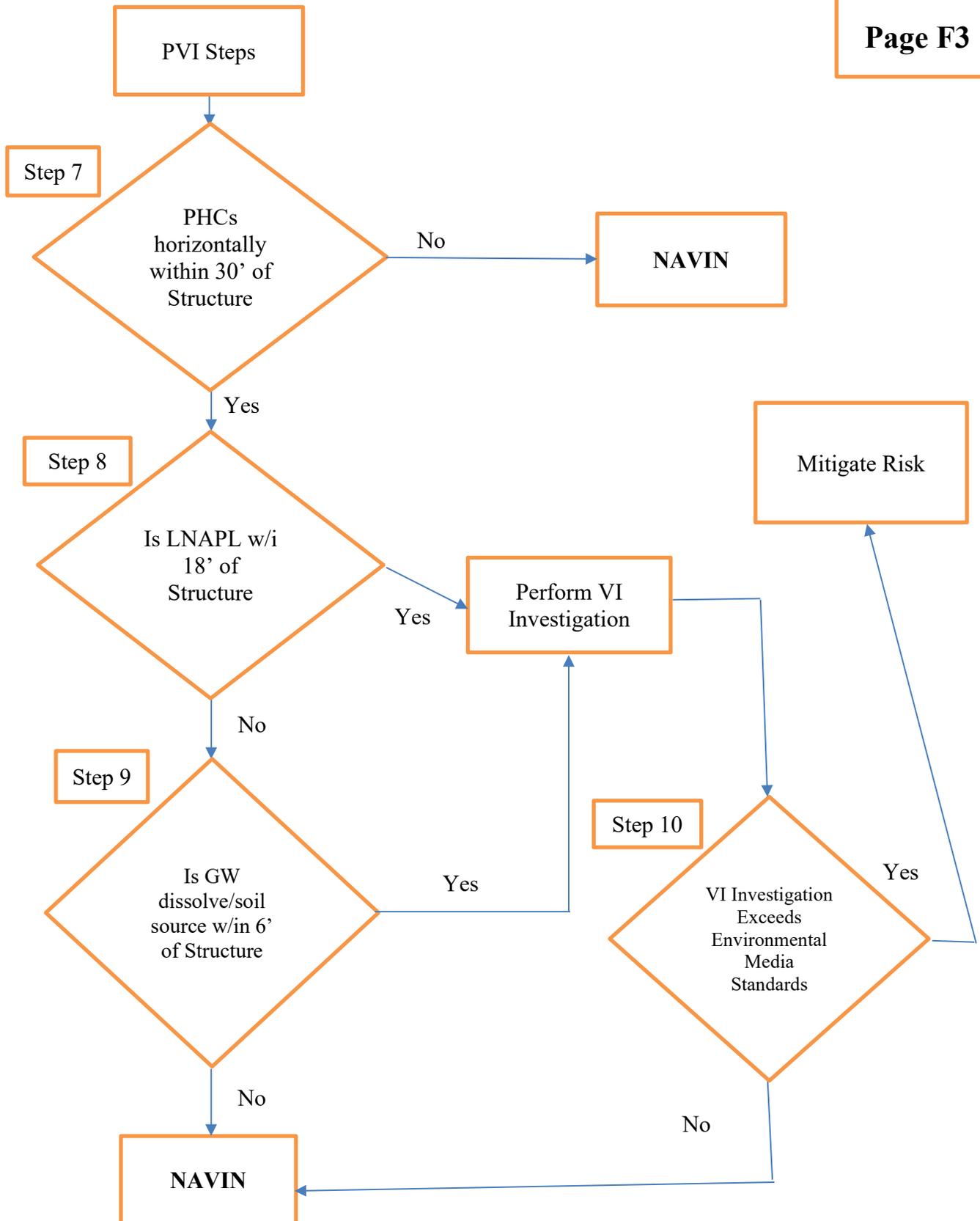


Vapor Intrusion Investigation Flowchart Chlorinated Vapor Intrusion (CVI)

Page F2



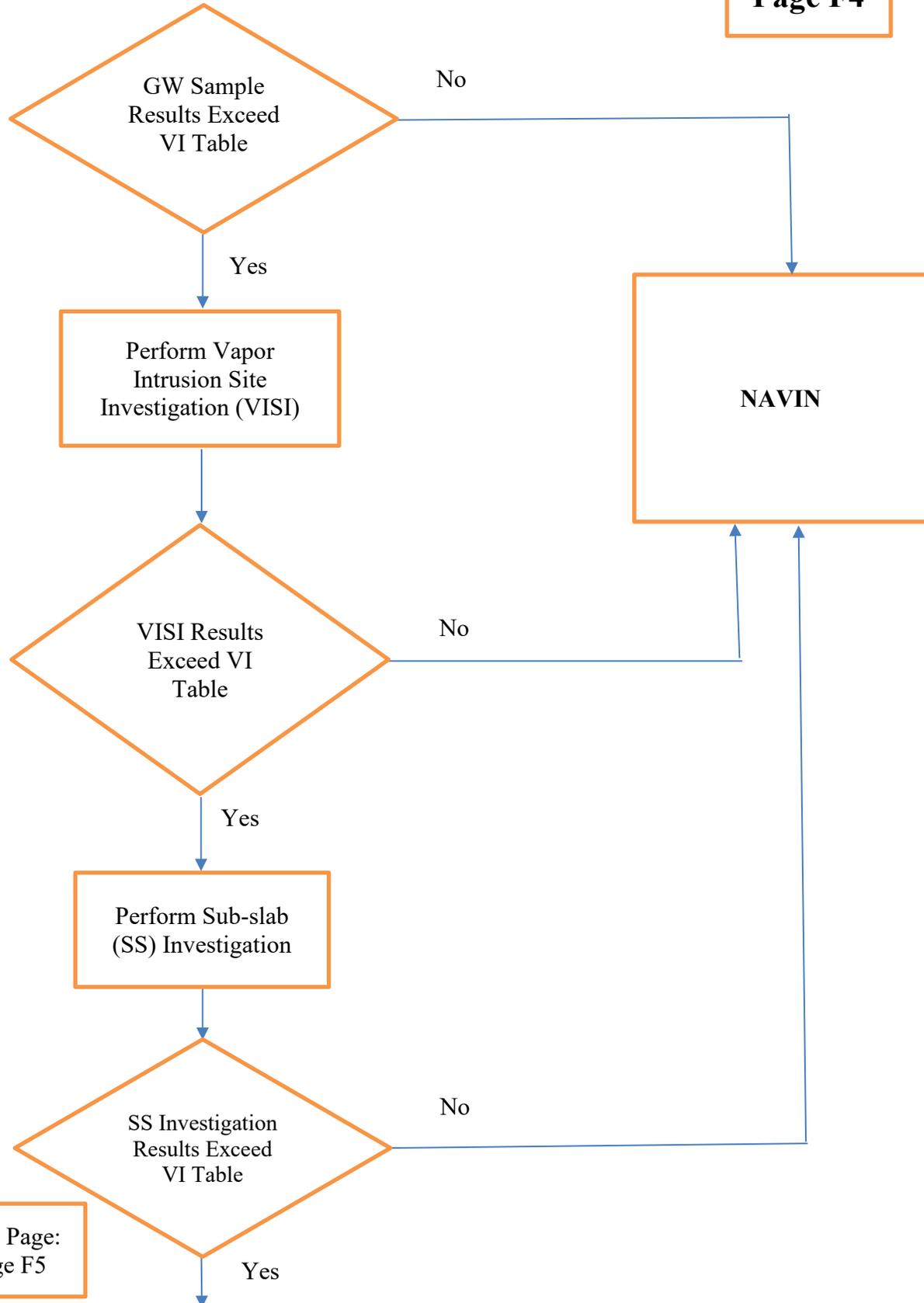
Petroleum Vapor Intrusion (PVI) Investigation Flowchart



Vapor Intrusion Investigation Flowchart Additional VI Site Investigation (CVI or PVI)

Page F4

User may move down flowchart at any time, skipping steps

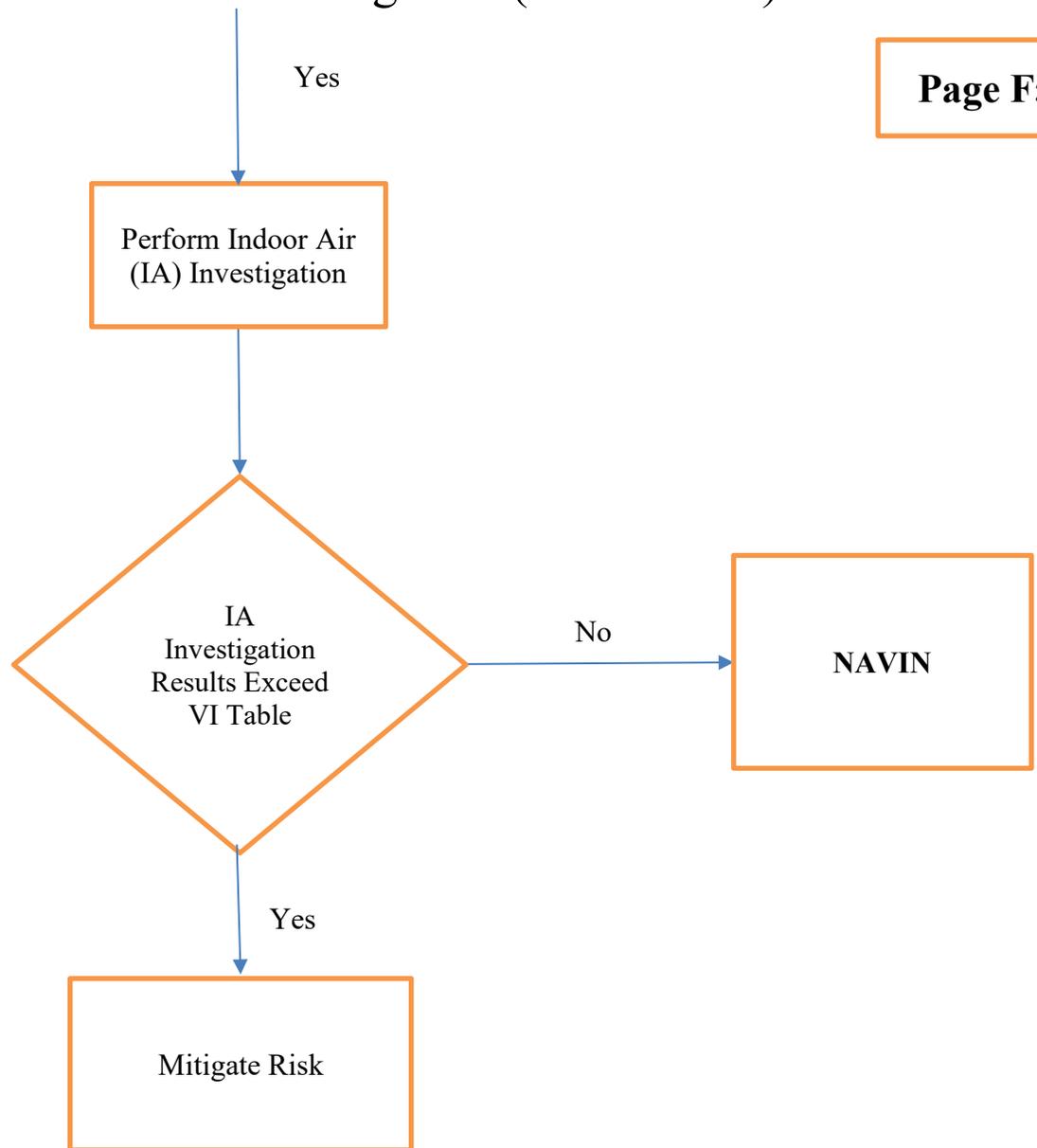


Next Page:
Page F5

Vapor Intrusion Investigation Flowchart Additional VI Site Investigation (CVI or PVI) Cont.

Page F5

User may move down flowchart at any time, skipping steps



Appendix B

Soil Vapor, Sub-Slab, and Indoor Air Sampling Procedures



1.0 Soil Vapor Surveys

1.1 Introduction

The VT DEC Waste Management and Prevention Division (WMPD) may require (or a contractor may recommend) a soil vapor survey to evaluate potential contamination in both the vadose and saturated subsurface zones as part of a site investigation. Soil vapor sampling may also help assess the potential for contaminated subsurface soil gas to create a Vapor Intrusion (VI) risk to indoor air or other receptors at sites where volatile compounds are present in the subsurface.

This Section presents the WMPD Guidance for collecting qualitative, semi-quantitative, and quantitative soil vapor samples.

Soil vapor data do not preclude the need to assess soil lithology, preferential pathways, or to collect and analyze soil and groundwater samples as part of a site investigation.

1.2 Soil Vapor Survey as Part of a Site Investigation

During an Initial Site Investigation (Subchapter 3 of the IRule), the first sampling event that is conducted to evaluate soil vapor at a site is often a “screening level survey”. The screening data are generally qualitative and semi-quantitative and are used to help detect subsurface contaminant sources, contaminated soil, contaminated groundwater, potential preferential pathways for vapor transport, and to help refine the Initial Conceptual Site Model. These data can be useful to identify hotspots for more focused sampling and to help identify the extent of contamination. As the field analytical methodologies may be qualitative or semi-quantitative, they are not suitable for quantitative risk to human health.

Screening level surveys may include soil vapor data being collected across an area with enough density of sample collection points to allow an initial estimate of contaminant distribution in soil vapor.

A screening level soil vapor survey will generally consist of collecting samples in a grid pattern in areas of interest. The size and shape of the grid is adjusted to site specific conditions and while generally conducted outside, screening soil vapor samples can also be conducted below buildings. The location of samples may also be oriented towards known preferential pathways such as sewer lines or building drains, if appropriate. The survey provides a one time “snapshot” of subsurface soil vapor conditions. Screening level samples are generally not collected from permanent sampling points.

The screening level soil survey data may be a cost effect approach for determining the need for quantitative soil vapor contaminant concentration data. A soil vapor survey where the samples are analyzed to provide quantitative data may be used to help assess Vapor Intrusion potential and be part of a human health risk assessment.

1.2.1 Acceptable Soil Vapor Survey Methods

1.2.1.a Passive Soil Gas Survey Sample Collection

Passive samples are collected with a device that uses sorbent media installed in the subsurface and left in place for a set period of time as specified by the manufacturer. The sorbent media are contained in a material that will allow vapors to diffuse through the membrane into the sorbent media where the vapors will sorb to the material. It may be necessary to use different sorbent media depending on the compounds of interest.

The data from a passive soil vapor survey can generally be considered semi-quantitative. A passive soil vapor survey is typically conducted as follows:

1. Shallow holes are drilled or direct pushed into the surficial soils to a depth no deeper than the top of the capillary fringe above the water table. The depth of the survey is site- specific, but it is common to deploy passive samplers from 1 to 2 feet below the ground surface, as directed by the manufacturer.
2. If the soils are competent, and the hole will stay open throughout the sample collection period, the sampling device may be installed in an open hole. If the soils are not competent or there are concerns for sample security, a slotted plastic or stainless-steel well screen or un-slotted well point with sacrificial tip may be installed in the hole, and the sampler can be installed in the screen or at the open portion of the bottom of the tubing if the tubing does not have a screen.
 - a. If a non-stainless-steel screen or tubing is used, care must be taken to ensure the screen or tubing material will not react with potential contaminants and will not generate gas that could provide false positive or negative sample results.
 - b. No glues or other volatile substances can be used on any sampling materials, tubing, or screens.
 - c. If a stainless-steel screen or tubing is used, the stainless-steel must be clean of solvents, grease, or other potential contaminants.
 - d. It is not acceptable to install an un-slotted well point in the subsurface without a sacrificial tip being in place during the time the tubing or piping is pushed into the subsurface as pushing an open pipe into the subsurface could allow soils to enter and clog the piping, limiting the ability to take a sample or have an accurate understanding of which soil horizon is being sampled.
3. The deployment of the device is dependent on the manufacturer's directions. In most cases, the sampling device is activated by opening the protective packaging containing the sampling device, then lowering it into the hole on a string or wire to a depth within the screen, near the open end of the tubing or close to the bottom of the open hole, depending on what is used at the site. Some manufactures provide a stainless-steel insertion rod that can be used to push the sampling device to the desired depth and is then removed from the hole leaving the sampling device in direct contact with the soil in the area to be sampled.
4. Once the sampling device is lowered to the sample depth, the string or wire attached to the sampling device is attached to either a cork or plug that is driven into the open hole, or to a cap that is used to seal the hole if a screen or un-slotted well point is used.
5. The sampling device is left in the ground as per the manufacturer's directions and retrieved after the proper time has passed. The device, once removed from the sample location, is

sealed in protective packaging provided by the manufacturer and sent to the proper lab for analysis.

6. It is important to note that the contaminants of concern that can be identified by the sampler may be limited; and results may be reported in terms of mass, not concentrations. It is therefore essential to work with the vendor to ensure the correct passive sampling device is used for the contaminants expected at the site and the level of assessment needed.
7. If a passive soil vapor survey demonstrates that contaminants of concern are present in soil gas in a residential or commercial/industrial area, these data are integrated into the conceptual site model and assessed in conjunction with soil, groundwater, and other data to determine if there is a need for a Vapor Intrusion investigation or to expand the site investigation to more fully define contaminant source areas.

1.2.1.b Screening Level Survey with a Photoionization Detector (PID) or Flame Ionization Detector (FID).

A PID or FID may be useful as a qualitative screening tool to locate some source areas when contaminant concentrations are high, but due to elevated detection limits for these tools, they cannot be used to help identify the extent of a soil vapor plume or identify the contaminant. These tools are typically used in the following way:

1. Shallow holes are drilled or direct pushed into the surficial soils to a depth no deeper than two feet.
2. The PID or FID may be used to screen the vapor directly above the hole or slightly in it, with care taken to prevent the tip from becoming dirty.

1.2.1.c Active Soil Gas Survey Sample Collection (Rapid Results) for Semi-Quantitative analysis

This method is the collection of soil gas samples from the subsurface to be analyzed by a field lab or field gas chromatograph (if appropriate for a known contaminant), for real time analytical data, or at a fixed laboratory with a quick turnaround time.

There are numerous methods to conduct active soil vapor surveys, as well as numerous manufacturers of equipment that may be used to conduct the active surveys. In general, an active soil gas survey will include these steps:

1. Active soil gas survey samples are generally collected with a temporary probe such as a thin stainless-steel tube that may be advanced into the soil with a device such as a direct push system or electric percussion hammer. The soil vapor samples are collected either through a slotted screen, or from the open space at the bottom of the tube after a sacrificial point has been pushed away. (As with collecting passive soil vapor samples within an open tube, it is not acceptable to collect samples from an open tube without using a sacrificial tip to prevent soils from entering the tube while driving it into the soil). It is also possible to collect soil vapor samples from direct push equipment that have specific equipment that allow collection of multiple soil gas samples at various depths in the borehole.

2. Once the sampling device reaches the desired depth, soil gas samples are collected by pumping soil vapor directly from the stainless-steel tubing pushed to depth, or from flexible, non-reactive tubing inserted into the steel tubing to the desired sample depth. Pump rates should be low (usually less than 0.2 liters of air per minute).
3. Prior to sample collection, the tubing must be purged of several tubing volumes (at a similar flow rate to sample collection) to ensure the sample being collected is actively collecting soil gas and not air introduced during installation of the probe.
4. Screening samples for semi-quantitative analysis may be collected either with a gas tight glass syringe or tedlar bag.

Note: As sample volumes are low, laboratory analytical detection limits may be higher than applicable standards as detailed in the Investigation and Remediation of Contaminated Properties Rule.

1.2.1.d Active Soil Gas Survey Sample Collection for Quantitative analysis.

Using this method, active soil gas samples may be collected for quantitative laboratory analysis. These data may allow further evaluation of soil vapor concentrations and contaminant distribution in the subsurface for the Conceptual Site Model. These data can also be used as part of an evaluation of the vapor intrusion pathway and be part of a human health risk assessment.

Soil gas samples to be analyzed in a laboratory for specific compounds are taken with a Summa canister with flow calibration for sample collection. The flow rate for sample collection is related to the amount of time used to collect the sample as specified by the laboratory supplying the Summa canister. This must be specified in the Site Investigation work plan. These samples are typically collected using the following methods:

1. To assess soil vapor contaminated by groundwater, the depth of the probe should be approximately one foot above the estimated depth of the water table.
2. To assess plume distribution, the soil vapor probe(s) should be installed at a depth or depths specific to site conditions.
3. If conducted as part of a vapor intrusion evaluation, drive the soil vapor point directly next to the exterior of the slab or foundation to a depth of approximately one foot below the slab if there is no foundation, or to one foot below the depth of the foundation. If the water table elevation is above the bottom of the foundation, drive the point to a depth of one foot above the estimated depth of the water table.
4. The retractable vapor point will be connected to non-reactive tubing that will be run through the center rod of the Soil Vapor Probe.
5. Open the retractable vapor point and purge the sample tubing a flow rate adjustable pump or syringe a minimum of three volumes. Conduct leak testing. If onsite leak

detection indicates a failed installation: DO NOT collect a sample. Correct failure if possible and if new leak test shows no leak, obtain sample.

6. Connect the non-reactive tubing to a Summa canister equipped with a flow controller calibrated to the appropriate sample collection time.
7. Record beginning pressure and open the Summa canister to collect the sample.
8. The sample will be collected with a sample flow rate in ml/min appropriate to a 1L, 2.5L or 6L Summa canister as specified in the Site Investigation Work Plan. The sample should be actively monitored throughout the sampling period.
 - a. The Summa canister should be shut when the vacuum gauge reaches a residual vacuum between slightly above 0 inches of mercury and less than 15 inches of mercury. If vacuum remains high (above 15" Hg) at the end of the sampling period or does not appear to be dropping during the sampling period, the flow controller may be faulty, or the subsurface or tubing conditions are restricting flow. The sampling point construction should be evaluated and a new sample should be taken. If residual pressure drops to 0 inches, the sample is not acceptable, as the canister has likely drawn in more volume than its capacity. In these cases, a new sample with a new canister will be necessary.
 - b. Pack sample container and ship to laboratory as detailed in the Site Investigation Work Plan

1.2.2 Soil Vapor Survey and Soil Gas Sampling Tools

1.2.2.a Tools for all Soil Gas Survey Work

1. Device to install soil vapor survey tubing or other sample collection device.
 - a. Hand Auger
 - b. Hammer
 - c. Electric hammer drill
 - d. Geoprobe™ or other drill rig as necessary depending on site conditions
 - e. Tubing or screen as appropriate to site and sample type
2. Field Notebooks and non-VOC pens

1.2.2.b Passive Soil Gas Sample Collection Tools

1. Passive sorber sampler (Applied Geochemical Imaging™, Beacon™, or similar)
2. A tool to drive a hole into the soil to install the passive collection device
3. Stainless-steel or appropriate non-reactive tubing with screen or sacrificial tip.
4. Non-reactive tubing with sufficient length to reach sampling interval.
5. Manufacturers packaging to send passive sampler to laboratory

1.2.2.c Active Soil Gas Sample Collection Tools

1. Commercially available soil vapor probe (such as AMS™ or others approved by the WMPD) equipped with a stainless-steel vapor point to install the vapor probe in a location and at a depth as detailed in the Site Investigation Work Plan. Alternate methods must be approved by the WMPD.
2. Gastight glass syringe
3. Tedlar Bag Method
 - a. Non-reactive plastic tubing with sacrificial tip (sufficient length to reach sampling interval).
 - b. Certified pre-cleaned, 1.6-liter Tedlar bags complete with influent fitting and extraction septa.
 - c. One, 4-liter Pelican® case or similar "lung box" with barbed fittings to attach to two Tedlar bags and the effluent line to the pump (for split samples).
 - d. One low-flow air sampling pump capable of pumping rates between 100 and 200 ml/minute with power source.
4. Summa Canister Method (TO-14, 15, or other approved methodology as appropriate to site specific conditions:
 - a. Certified pre-cleaned, 1L, 2.5L or 6-L Summa Canisters (specified by sampling objectives and laboratory requirements).
 - b. Flow controllers calibrated for a collection period as specified within the Site Investigation Work Plan.

2.0 Sub-slab Soil Vapor and Indoor Air Sampling

2.1 Building Inventory/Assessment

2.1.1 General Considerations

Prior to conducting any sub-slab or indoor air sampling, **a building inventory and assessment must be conducted using the WMPD building inventory forms included in [Appendix D](#) of this document or a proprietary form approved by the WPM D prior to use.** The inventory-assessment will help determine if there are existing issues in the building that will interfere with interpreting indoor air sampling results.

Examples of potential issues which may interfere with indoor air sampling results include, but are not limited to:

- Sampling indoor air for PCE in a residential or commercial property that is located next to or above a dry-cleaner that uses PCE, in the house of an employee of a dry-cleaner that uses PCE, or a home where dry-cleaned clothes (cleaned with PCE) are kept may make it difficult to conduct an accurate assessment of the impact of a subsurface source of PCE to the indoor air.
- Sampling indoor air for volatile compounds other than PCE near commercial or industrial buildings where the compounds are used may make assessment of these compounds in indoor air difficult.
- Residents or workers who smoke in a building will increase levels of benzene and potentially interfere with laboratory detection limits for other contaminants.
- Chemicals associated with hobby projects (model planes, arts and crafts) may contain VOCs that impact the sampling analyses.
- Old solvents such as carbon tetrachloride stored in containers in residential basements or commercial properties.
- An attached garage, which may increase indoor air concentrations of benzene or other compounds in the living space of the residence.

The building assessment may also demonstrate the presence of preferential vapor pathways such as cracks in the slab, field stone foundation walls, or areas where utilities enter the building.

2.1.2 Cross-contaminant removal

Ideally the building inventory is completed at least 48 hours in advance of planned indoor air sample collection. If any chemicals that might contribute contamination to indoor air are noted during the building inventory assessment, these should be removed from the building at least 48 hours prior to collecting any indoor air samples.

If recently dry-cleaned clothing is present in the building, ask the owner to either move them to a second floor, if it exists, or store them away from the house during the indoor air sampling event starting at least 48 hours prior to collecting the indoor air sample.

2.1.3 Assessing Sump Pumps in Basements

If a sump pump is present and operating, a water quality sample must be taken from the sump as it will be unlikely that a sub-slab sample can be collected. In some cases, the sump pump may only operate during the wet season. If that is the case, it may be possible to collect a sub-slab sample, but it is important that if there are contaminants in the sub-slab sample, that the sump water be sampled when the sump pump is operating. If there is other open water in the basement, consider taking a sample for analysis if possible.

2.2 Sub-Slab Soil Gas Sampling Guidance

The WMPD may determine that sub-slab soil gas sampling is necessary if the following conditions are present:

- The presence of volatile compounds in soil vapor, soil and/or groundwater are within the Lateral Inclusion Zone or Vertical Separation Distance
- The presence of geologic or anthropogenic preferential pathways that may allow soil vapor migration near a building
- The presence of other factors that may reduce the biodegradation of volatile compounds at the site
- Other conditions as determined by the WMPD

The following steps should be followed to conduct sub-slab soil gas sampling. Site-specific details and explanations of deviations from this SOP (if applicable) should be included in the sub-slab soil gas sampling work plan.

2.2.1 Determine Sample Locations

The following sections include site-specific information that must be considered when planning the number and location of sub-slab soil gas samples related to various types of building construction.

2.2.1.a Concrete Basement or Slab-on-Grade

1. The following site-specific information must be considered when planning the number and location of sub-slab soil gas samples:
 - a. Building spatial footprint – a minimum of 1 to 2 sampling locations may be sufficient in a typical, single-family residential building. Large residential buildings and commercial buildings may require additional locations to assess spatial variability.
 - b. Foundation construction – multiple building foundations may affect the distribution of concentrations in soil gas and necessitate that sub-slab samples are taken from each portion of the subsurface that is isolated by multiple foundations/frost walls or other subsurface obstructions.
 - c. The site-specific sub-slab soil geology should be considered, if possible, when determining locations for sub-slab samples.
 - d. The actual number of sub-slab samples that are necessary to take during a vapor intrusion investigation is site-specific and must be approved by the WMPD if the property is an active Hazardous Site.

2. The sample location shall be located in the center of the area being sampled, if possible.
3. The sample location shall be located away from large cracks or utility openings in the basement floor.
4. The sample location shall be located away from any furnace, hot water heater, clothes dryer, chimney, heating fuel storage, paint, or other household chemical storage.
5. In commercial or industrial buildings where volatile compounds may have been spilled on the floor, or where heavier than air vapors may have infiltrated porous flooring such as concrete, the WMPD may require the use of a flux chamber to determine if off-gassing from the flooring is causing an indoor air issue or contributing to a VI issue.

2.2.1.b Basement with Dirt Floor

If a basement has a dirt floor, the WMPD may determine that a soil gas sample is not necessary.

If there is a dirt floor in a basement and sub-slab soil gas sampling is not necessary, the WMPD may require the use of a sampling flux chamber placed over the soil to collect a sample of soil gas advecting from the subsurface into the chamber.

Even if there is a dirt floor in the basement and sub-slab samples cannot be taken, it still may be useful to take soil samples at depths deeper than one foot below the basement floor to assess the presence or absence of subsurface contaminant sources. A sub-slab grab sample may be sufficient to assess sub-slab soil vapor quality.

If part of the basement has a dirt floor and part has a concrete floor, it may be necessary to collect a sub-slab sample under the portion of the floor that is concrete.

2.2.1.c Crawl Space with Concrete Floor

Sample locations and number of samples shall be considered in the same manner as a full basement with a concrete floor.

2.2.1.d Crawl Space with Dirt Floor

Indoor air samples in a crawl space with a dirt floor can be taken as an alternative to soil gas in rare situations and only in the event that soil gas samples are unable to be collected.

If there is a dirt floor in the crawl space and sub-slab soil gas sampling is not possible, the WMPD may require the use of a sampling flux chamber placed over the soil to collect a sample of soil gas advecting from the subsurface into the chamber.

2.2.2 Sampling Point Installation

2.2.2.a Temporary vs. Permanent Sampling Points

Sub-slab soil gas sampling points may be installed as either temporary or permanent sampling points. A temporary sampling point may be more appropriate during the initial phases of investigation when the VI pathway is being evaluated. However, a permanent sample point may be appropriate as part of the remedial investigation or for long-term monitoring of sub-slab soil gas or the subsurface. The approved Corrective Action Plan shall include a vapor monitoring plan to monitor the contaminants of concern over time and the effectiveness of the remedy. Any decision to terminate a remedial action involving VI will most likely be made in part based on the sub-slab soil gas results.

2.2.2.b Required Materials

Materials required for sub-slab sample point installation include:

- Hammer drill with drill bit sized for the specific tubing, coupling, and any “casing” that will be installed. (It may be necessary to use a concrete core saw or larger drill bit to make a shallow hole in the concrete large enough to install a protective cover around a permanent sample point).
- ¼” OD Stainless-steel or non-reactive tubing with sufficient length to reach sample collection depth
- Clean silica well sand.
- Bees-wax, or non-VOC plumber’s putty or modeling clay, for temporary sample collection points.
- Non-VOC plumber’s putty or modeling clay and/or hydrated bentonite for permanent sample collection points.
- Cap for the sample tubing.
- Protective “well box” and cover for permanent sample collection point.
- Hydraulic cement, as appropriate, to either abandon temporary sample point or complete installation of permanent point.

There are commercially available devices that can be installed in the slab that simplify installation of permanent and temporary vapor points. Examples include, but are not limited to:

Cox Colvin Vapor Pin

AMS Soil Vapor Probe Kits

Please note that the WMPD does not endorse the use of any specific device. The names of manufacturers above are provided as a courtesy to the consulting community. Any device proposed for use shall be included in the air sampling work plan for the WMPD to review and approve prior to its use.

2.2.2.c Installation Methods

The method to install a temporary or permanent sampling point is detailed as follows:

1. Drill a hole through the concrete slab to a depth of no more than 5 inches below the bottom of the slab. (It may be necessary to use a metal detector or other device to locate re-bar in the slab if drilling through a commercial building slab or slab on grade). An electric rotary hammer drill with a drill bit sized to install the specific tubing and coupling that will be used for the project is a standard tool.
2. If installing a permanent sampling point it may be necessary to drill a hole around the sampling point wide enough to install a flush-mounted cap to protect the permanent sampling point. It may be necessary to cement this with hydraulic cement.
 - a. Install ¼ inch OD stainless-steel tubing (preferable) or other appropriate tubing approved by the WMPD (such as Teflon or nylon or copper as appropriate to the site-specific contaminants) to a depth no more than 2-4 inches below the bottom of the slab.
 - b. Install clean silica well sand in the annular space between the sample tubing and the sub-slab soils. Fill to center the tube in the hole.
 - c. Use hydrated bentonite to create a seal between the sample tubing and the hole through the slab in order and prevent infiltration of indoor air when sampling the sub-slab soil gas. For a temporary point non-VOC plumber's putty, non-VOC modeling clay, or bee's-wax may be used.
 - d. If installing a permanent sampling point, install "well box" (protective cover) using hydraulic cement or other non-VOC material necessary to prevent the protected cover from being easily removed from over the sample point.
 - e. Once cement has cured (if used) and immediately before any sampling event, attach an adjustable rate pump or plastic or glass gas tight syringe (if approved by the WMPD) to the sample tubing and purge 3 volumes of the tubing to ensure indoor air is not in the sample tubing prior to sampling (Purging rate should be no more than 0.2 liters per minute).
 - f. Before or during purging, a purge check may also be performed to confirm that sample extraction will not create significant vacuum in the sub-surface. A plastic or glass gastight syringe may be attached to the sample point and the plunger pulled to extract a small volume of vapor from the subsurface. If the soil gas is relatively easy to extract (i.e., the plunger is easy to pull) then sub-slab soil gas sampling will not generate significant vacuum in the sub-surface. If the soil gas is not easy to extract (the plunger cannot be pulled or it is difficult to pull) then the sampling point should be checked for blockages or moved to another location. A purge check should be performed after sample installation as well as prior to each sampling event (for permanent sampling point installations).
 - g. A photoionization detector (PID) can be used to purge the entrained air within the sample tubing. Peak PID readings also can provide valuable information to the laboratory for dilution purposes.
 - h. For petroleum sites, collection of CO/CO₂ measurements can also be collected as part of the purging of the sample line to evaluate degradation of hydrocarbons under aerobic conditions.
 - i. Cap the tubing to prevent indoor air from infiltrating through the tubing into the sub-slab soil gas until ready for sampling.

Note: A commercially available sampling device such as a Vapor Pin® may be used as an alternative for either temporary or permanent sub-slab sample points. This will require a hole to be drilled and the device installed as specified by the manufacturer.

2.2.3 Leak Testing Procedures

Every sub-slab sample point must be leak tested prior to a sample being taken. Leak testing procedures must be described in the work plan for WMPD approval and may include the following procedures:

2.2.3.a Helium Leak Testing

Required materials for helium leak testing include:

- Compressed non-balloon-grade helium cylinder
- Helium cylinder regulator
- ¼" OD appropriate tubing
- Shroud: Plastic bucket or Tupperware™ with two fittings installed, one to allow introduction of helium into the shroud, and one to connect to the sample point
- Portable helium detector

Helium Leak Testing Procedures:

1. Turn on portable helium detector to allow time for it to warm up.
2. Connect sample point tubing to inside sample fitting on the leak testing shroud.
3. Connect helium regulator to the outside sample fitting on the leak testing shroud (this will allow the helium detector to measure the air from the subsurface).
4. Place leak test shroud over sample collection point. Make sure shroud is in full contact with the ground surface and there are no open spaces for outside air to flow into the shroud.
5. Turn on helium regulator and allow helium to purge the ambient air inside the leak detection shroud (3 to 5 minutes). Target helium concentration inside the leak testing shroud should be ~10-20% (to be checked by helium detector).
6. Allow helium detector (attached to sample tubing) to run for 3 to 5 minutes. The flow rate of the helium detector's pump should be set to the lowest setting to minimize the subsurface flow rates. It is also possible to set up a purge train to the sample tubing with separate pump that allows for subsurface vapors to be collected in a Tedlar bag. The Tedlar bag is then attached to the helium detector for measurements to be collected.
7. If helium in the sample tubing (or Tedlar bag) is less than 10% of the concentrations of helium in the leak test shroud, it can be assumed that the seal around the sample point is competent for the sampling event.

8. If helium is detected in the sample tubing (or Tedlar bag) above 10% of the concentration within the leak test shroud, check the sampling train and sample point for loose seals and correct these. If these cannot be corrected and helium continues to leak into sample point, the sample point may need to be re-drilled and reinstalled.
9. Collect the sample after successful helium leak testing.

2.2.3.b Shroud Leak Test using Non-reactive Tracer Gas Without a Field Detector

If helium is not available for leak testing, another non-reactive gas may be used. With this method, the tracer gas is not tested on-site, but analyzed for by the laboratory during sample analysis.

The required materials are the same for the helium leak test, but a non-reactive gas is substituted for helium. Ensure the gas is not the same gas that the laboratory uses to clean the laboratory sampling equipment or used as the carrier gas in laboratory analyses.

Procedures:

1. Connect the tracer gas cylinder to the leak test shroud as described for helium leak testing.
2. Connect the sampling device (Summa canister, etc.) to the outside sample fitting on the leak testing shroud.
3. Connect sample point tubing to inside sample fitting on the leak testing shroud.
4. Place leak detection shroud over the sample point.
5. Turn on the leak detection gas and allow it to run to purge ambient air from inside the shroud (being careful to not induce high pressure in the shroud).
6. When the sample is analyzed, the laboratory will also analyze for the leak detection gas. If the tracer gas is less than the detection limit, the sample can be assumed to be sub-slab soil gas. The sample may be valid if the detection of tracer gas in the sample is less than 10 to 50 times the laboratory reporting limit. If the detection of tracer gas is too high the sample may not be valid and the sample may need to be retaken.

Other tracer tests such as liquid tracer tests may also be acceptable.

2.2.3.c Water Dam Leak Test

A water dam test can be used to determine if there is a leak in the surface seal of a sub-slab soil gas sampling point. A photo of a water dam in use is provided below. A water dam leak testing includes the following steps:

1. The water dam is a length of 2" diameter PVC piping approximately 2" in length. The water dam is placed over the sampling point with the sample tubing running through the center.

2. The water dam is sealed to the floor surface with non-VOC plumber's putty, Play-Do[®], non-VOC modeling clay, or similar.
3. Once sealed to the floor surface, water is placed in the water dam and the level of the water is monitored for approximately 5 minutes.
4. If the water level inside the dam drops, then the sampling point is not sealed properly to the floor surface and the point will need to be reset.
5. If the water level remains constant inside the dam, then the sampling point is properly installed.
6. The water in the water dam may remain in place throughout the sampling event to further provide an airtight surface seal for the sampling point.



An example of water dam leak testing

2.2.3.d Shut-in Test

A shut-in test should be performed prior to each sampling event for each sub-slab sampling location. The shut-in test allows for a check of the integrity of the sample tubing train from the top of the sample point to the inlet of the sampling container (i.e., Summa canister). A shut-in test includes the following:

1. The shut-in test is performed by generating a vacuum inside the sample tubing while keeping the sampling port and the sampling canister closed.
2. A vacuum of approximately 100 inches of water is generated using a plastic syringe attached to a 'T' in the sample tubing train.
3. The vacuum in the tubing should be monitored for 1 minute. If the vacuum is maintained for the observed period, then the sampling train is deemed adequate and sampling can begin. If the vacuum is lost during the observation period, then tubing

connections should be tightened/alterd until there is no observable loss in vacuum during the test.

4. After the shut-in test is validated, the sampling train should not be altered prior to sampling.

2.2.4 Sub-slab Soil Gas Sample Collection

Sub-slab soil gas samples shall be collected after completion of proper quality control procedures. Specific sampling procedures may be dependent on project specific data quality objectives. The length of the sample collection time shall be site specific. Sub-slab soil gas sample collection times are typically 2- or 4-hour sampling periods using a Summa cannister. Other site-specific sample collection times may be acceptable.

Details regarding acceptable sampling processes are included in the following sections.

Sub-slab samples shall not be taken immediately before or concurrently with indoor air samples as purging the sample tubing can temporarily affect indoor air quality. If indoor air samples will be taken at a site, sub-slab samples should be taken immediately after indoor air samples are collected to allow comparison of sub-slab data to indoor air data.

2.2.4.a Summa Canisters

Required materials:

- Certified pre-cleaned, 1 to 6-Liter Summa Canisters
- Laboratory instructions & shipping materials
- Flow controllers calibrated for a specific collection period (specified within the Site Investigation Work Plan).

Procedures:

1. Connect Summa canister to sample port (Summa canister may already be connected from completion of the shut-in test).
2. Summa Canister flow rate shall be calibrated to the sample collection period approved in the work plan (this will be communicated to the laboratory prior to the sampling event).
3. Open canister and record initial vacuum.
4. Periodically check vacuum gauge during sample collection period The Summa canister should be shut when the vacuum gauge reaches a residual vacuum between slightly above 0 inches of mercury and less than 15 inches of mercury.
 - a. If vacuum gauge goes to zero, and the sample collection period is unknown, the sample must be retaken with a clean Summa canister. In some sampling

procedures (low volume Summa canisters and short sampling times) it may be appropriate to allow the canister vacuum to reach zero. These procedures and reasons for them should be detailed in the work plan for WMPD approval.

- b. If the vacuum does not drop more than 15 inches of mercury during the sampling event, longer collection time may be needed to ensure that the sample volume is sufficient to reach the desired reporting limit (RL). Contact the laboratory to determine appropriate action.
5. At the end of the sample collection period, shut the canister and record final vacuum.

If vacuum remains high (above 20" Hg) and does not drop during the sampling period, the flow controller is faulty or subsurface or tubing conditions are restricting flow.

- a. Contact WMPD to discuss continuing to take sample until the vacuum gauge is below 10" Hg or retaking sample after assessing tubing and subsurface for restrictions.
 - b. Contact the lab to understand the amount of volume needed in the Summa canister to allow for proper analysis (vacuum may need to be at or below 5" Hg for sufficient volume to be collected for analysis).
6. Pack sample container(s) as per laboratory instructions.
 7. Fill out Chain of custody forms.
 8. Ship package to laboratory as per laboratory instructions accompanied by chain of custody form.

2.2.4.b Sorbent Tube Samples (Method TO-17)

- Connect pump and sample tube to sample collection tubing.
- Operate the pump at the rate specified by the manufacturer

2.2.4.c Tedlar Bag Sampling Method

The following sections detail the methodology used when collecting soil gas samples in to 1-liter Tedlar bags using a vacuum lung box and a personal air sampling pump (such as those from SKC).

Calculating flow rate:

- To calculate a flow rate for the pump, with the pump disconnected from the lung box, affix a digital flow meter to the effluent (positive) side of the pump and turn on the pump. Adjust the pump speed to 200 mL per minute.
- With the unrestricted flow, the 200 mL/minute represents the high end of the sample collection rate (1 liter over 5 minutes). However, it is important to periodically check the flow rate during each of the sampling events to ensure the 200 mL/minute rate is not exceeded.

Procedures:

1. Following successful leak and shut-in testing and flow setting, disconnect the sample tubing from the leak testing apparatus and connect it to the Vacuum Box. Install a new Tedlar bag and open the bag valve. Close box and begin collecting sample. Record start time on field logs.
2. Periodically inspect the bag through the window in the top of the vacuum box. Once full, stop pump, record final time, and close valve on Tedlar bag. Label bag and store in a cooler and transport to laboratory as soon as possible. Disconnect vacuum box and repeat at next location.
 - a. Field duplicates can be collected by using a “T” fitting to split flow between two bags, filling them simultaneously within one lung box.
 - b. Purge sample train using ambient air or compressed nitrogen between samples.

2.3 Indoor Air Sampling

2.3.1 General Considerations

Indoor air sampling is the most challenging method for assessment of the vapor intrusion pathway since there are often items in residential and commercial structures which contain chemicals that can be similar or the same as site-specific Contaminants of Concern (COC), which can lead to false positives. For this reason, indoor air sampling should be conducted after other lines of evidence (contaminated groundwater and/or soil gas data) indicate the potential for vapor intrusion. However, in certain situations indoor air sampling can occur before a groundwater or vapor investigation occurs, such as when contaminated groundwater is entering buildings, before, during, or after corrective actions have been taken at a site, at residential fuel oil spill sites, or where there are odor complaints.

Other important considerations for indoor air sampling include:

- Prior to collecting any indoor air samples, the building assessment and inventory forms supplied in [Appendix D](#) of this document **must** be filled out.
- Indoor air sampling should be collected before sub-slab sampling is being conducted if sub-slab samples are also being taken to avoid contaminating the indoor air while the sub-slab sample port is being purged.
- Outdoor ambient air samples must be taken whenever any basement or living area indoor air samples are taken.
- Basement, living area, and ambient outdoor air samples must be collected concurrently.
- Differential air pressure measurements between the sub-slab and indoor air may be required during the indoor air sampling event. Recording barometric pressure during the sampling event may also be required.

2.3.2 Indoor Air Sampling Methods

2.3.2.a Sampling with Summa Canisters

Summa Canisters are the preferred method to collect indoor air samples. These provide time-integrated indoor air samples collected in specially prepared six-liter Summa canisters. Air flow into the canister is regulated by a flow controller.

Flow controllers for indoor air can be pre-calibrated by the laboratory to a specified flow rate that usually corresponds to an indoor air sampling duration of between 8 and 24 hours. Larger canisters are available for sampling periods in excess of 24-hours. Canisters will be individually certified (or batch certified, if approved) as clean by the laboratory as per EPA Method TO-14A or TO-15 guidelines. Due to the generally low chemical concentrations in the indoor air standards and EPA RSL's for chemicals in indoor air, the WM&PD recommends that individually certified canisters be used for indoor and outdoor air samples to ensure the highest level of canister cleaning.

When planning the sampling event, the laboratory will need information on the contaminants of interest, the analytical method, and the reporting limits required for the project so that appropriately cleaned canisters can be selected. Also, the sampling team should consider requesting extra canisters and flow controllers from the laboratory due to the potential for equipment failure.

Active radon mitigation systems should be *off* during Summa canister sampling events if you are evaluating whether or not vapor intrusion is or could be occurring.

Vacuum gauges are either connected directly to the sampling canister or to the flow controller supplied by the laboratory. Vacuum gauges are utilized to measure and record the initial canister vacuum. Initial vacuum measurements should be compared to measurements provided by the laboratory and canisters should not be used if the initial field measurement is out of acceptable range from the laboratory measurement. Please note that due to the inherent difference between the laboratory digital gauges and the analogue gauges used in the field, difference of between 1 to 2 inches Hg are not uncommon. Some deviation is also possible due to temperature differences.

A post-sampling vacuum reading should also be taken to ensure that a sufficient sample has been collected and that some residual vacuum remains in the canister. A residual vacuum of up to 5 inches mercury should remain in the canister upon completion of the sampling event. Since the sample is designed to be collected over a designated period of time (i.e. 8 – 24 hours), the residual vacuum ensures that the sample was collected over that time period.

The flow controller inlet may be sufficient to collect the air sample, however, if necessary, stainless-steel, Teflon or nylon tubing can be attached to the filter to obtain samples from the breathing zone or a remote location.

2.3.3.b Collecting Real-time Indoor Air Data

Additional indoor air and sub-slab sampling methods may be required which include “real time” vapor pathway assessment with a portable field gas chromatograph (GC) if the contaminants are known, or a portable field gas chromatograph – mass spectrometer (GC/MS). An advantage of assessing indoor air in “real time” is that many samples can be collected and analyzed over a short time frame. This can help identify and assess the strength of specific vapor intrusion pathways such as locations where pipes enter the building, floor drains, cracks in the walls or floors or other locations.

2.3.3.c Indoor Air Sampling with Passive Samplers

As Summa canisters provide indoor air data collection over limited periods of time, the WMPD may require use of sample collection techniques that assess air quality over a period of days to a month. Passive samplers are available to collect data that will represent indoor air quality over the longer period of times that may be necessary for assess long term exposure to contaminants in indoor air.

The WMPD may determine it is acceptable to sample indoor air with passive samplers such as the AGI Sorber™, Ultra III™, Radiello™, Beacon, Waterloo Membrane™ or other passive sampler on a case by case basis when the sampler will be able to collect a sample that can be analyzed for the site specific contaminants of concern (COC) with detection limits lower than the COC standards.

Passive samplers may be better for long term monitoring instead of initial VI assessment as the suite of compounds that may be analyzed may be limited.

Some passive samplers may be able to collect samples with sample collection periods longer than 24 hours. If so, these might provide a better approximation of long-term exposure than a sample collection period of 24 or fewer hours.

- Passive samplers shall not be used without pre-approval of the WMPD
- Passive samplers shall be handled, deployed, collected, and shipped as per manufacturer instructions that shall be included in the sampling work plan.
- Samplers shall be located in the breathing zone and in locations as with active samplers as described above.

2.3.3 Considering High Volume Air Exchange Rates

At commercial facilities where there the HVAC System causes a high air exchange rate, the WMPD may require two separate sets of indoor air testing before and after remediation. One with the air handling system turned on, and one with it turned off. This is to allow an assessment of the potential that the air exchange rate is diluting the indoor air. If so, if future use of the building will not require the large air exchange rate may be planned, the remedial system may need to be upgraded to work with a lower air exchange rate or institutional controls be developed that require a high air exchange rate to be maintained.

2.3.4 Collecting Representative Indoor Air Samples

Due to seasonal variability, it is generally recommended that indoor air samples be collected during at least two seasonally disparate times (e.g., warm and colder-weather months). Samples that are intended to be representative of “worst case” conditions should be collected when the indoor air concentrations are likely to be higher due to operation of the heating system with doors and windows closed.

Indoor air samples should be collected in a manner that will likely produce a representative estimate of the exposure to contaminants by occupants of the building. Therefore, samples should be collected from areas where the highest contamination is likely, with consideration of where the

building occupants currently spend their time, and where they might spend their time in the future. Because lower floors are closer to where contamination is likely entering the building, concentrations are usually higher on lower floors. This is generally due to less air mixing and dilution as compared to upper floors. (MADEP, 2011). If the building has a basement or crawl space, indoor air in these areas must be sampled as well as in the first floor.

Indoor air concentrations vary over time, so longer sampling durations will tend to average this variation and likely produce a better representation of the exposure experienced by building occupants than short duration air samples. All residential indoor air samples shall be taken for a period of 24 hours unless otherwise approved by the WMPD. For commercial/industrial indoor air spaces, the WMPD may consider approval of an 8 to 10-hour sampling period to be completed during regular business hours.

A representative indoor air sample should be collected at breathing zone height between 3 to 5 feet above ground/floor surface. Sampling locations should consider both the occupied areas as well as basement areas (if applicable) to help evaluate the differences in concentrations between the basement and first floor. Sampling locations may also be modified based on location of the source or locations of preferential pathways. Samplers should be located generally towards the center of a space away from exterior door and windows. Windows should remain closed during the sampling event. Samples shall be taken in an open area and not an enclosed space such as a closet unless otherwise approved by the WMPD. Basement doors, if present, should be closed during the sampling period. Building ventilation systems should not be altered during the sampling period. If exhaust fans are typically in use, such as in a restaurant kitchen, the fans should remain on during the sampling event to simulate normal use conditions and typical exposure scenario. The operation of an exhaust fan would also most likely represent the worst-case scenario.

If the vapor intrusion evaluation includes both indoor air and sub-slab soil gas samples then indoor air samples shall be collected first and then sub-slab soil gas samples can be completed immediately following indoor air sampling. This may reduce the possibility of cross contamination but will allow the results to be comparable as they were collected over a similar timeframe under similar conditions.

2.3.5 Number of Indoor Air Sampling Locations

The rate and number of sampling locations should be established by evaluating the building construction as well as the location of the sources. The number of samples should be collected at a rate of approximately one indoor air sample per 1,500 – 2,000 ft² of building footprint; however, the number of samples could be adjusted based on the following:

- A smaller number of samples may be appropriate for larger open spaces
- Multiple building levels may need to be assessed.
- If the basement contains multiple rooms that are generally closed off, it may be necessary to take multiple samples.
- If a basement contains both utility and living areas, samples should be taken in both areas.
- Samples should be taken away from furnaces and any known chemical storage areas that were not able to be removed from the building.
- When developing the work plan, the proposed locations of samples may consider the location of the source of vapors, preferential pathways such as cracks in the slab, etc.

- Samples located in the living area should reflect where the inhabitants spend their time indoors and be centrally located to be representative of as large an area as possible. Living rooms or family rooms are often the sampling locations of choice.
- Avoid locations where dilution air enters the building (e.g., near outside doorways) or where indoor emission sources may be nearby (e.g., utility rooms connecting the house to the garage).
- With approval from then WMPD, samples may not need to be collected from the entire structure, and instead, sample locations could be based on the location of the source of vapors, preferential pathways, etc.

Note: New regulations for radon testing in multifamily buildings provides a good framework for sample locations. Impact to ground contact units can vary depending on the sub grade construction (i.e. footings, piers etc.) larger multifamily buildings should consider a larger number of ground contact sample locations. Variable air distribution and ventilation (VAV) systems can greatly affect room air pressures. Some buildings may require a more in-depth assessment of the building systems and will result in more sample locations.

2.3.6 Indoor Air Quality Control Samples

2.3.6.a Duplicate Samples

At least one duplicate indoor air sample shall be taken for every four indoor air samples collected or as approved by the WMPD.

2.3.6.b Outdoor Ambient Air Sample

Outdoor ambient air samples can be used to evaluate the influence of outside air on indoor air quality. At least one outdoor ambient air sample shall be collected simultaneously with the indoor air sampling event. The outdoor ambient air sample shall be collected for the same sampling period as the indoor air samples (i.e. 24 hours for residential properties; 8 to 10 hours for non-residential properties).

The outdoor ambient air sample(s) should be collected in a secure outdoor location determined at the time of sampling to be in an upwind position relative to the building being assessed. Weather conditions will need to be accounted for, and sampling events may need to be adjusted so that predicted extreme rain/wind events are avoided. Outdoor ambient air sample canisters should be located, if possible, at least 5-15 feet away from building walls, trees, or other structures that may obstruct or influence wind direction. Outdoor ambient air samples shall be collected using the same procedure as the indoor air samples.

2.3.7 Indoor – Sub-slab Pressure Differential Measurement

The pressure differential between the sub-slab and indoor air, and/or indoor and outdoor air shall be assessed while collecting indoor air and sub-slab samples (but after allowing the sub-slab environment to recover from putting in the soil gas point). The pressure differential shall be measured directly before collecting the sub-slab sample if a short duration sub-slab sample is taken. If a long-term sub-slab sample or indoor air sample is taken, (8 to 24 hours), it may be

necessary to measure the pressure differential continuously throughout the sampling event with recording pressure transducer or barograph, as appropriate.

If the differential pressure is measured during a sampling event, the hole where the sub-slab pressure is being measured must be sealed and leak-proof to prevent mixing of the indoor air and sub-slab air during the sample collection period. The hole should also be located far enough away from the summa canister such that the pressure is not affected by the flow of soil vapor into the summa collection tubing.

Indoor-outdoor air pressure differential may need to be measured during the sampling to determine airflow between the indoor and outdoor during sampling.

While continuous pressure differential monitoring with a data logger throughout the sampling event is preferable if possible, the WMPD will consider proposals to measure the pressure differential pre- and post-sampling.

2.3.8 Tools Needed to Sample Indoor Air

2.3.8.a Summa Canister Method (TO-14, 15 analyses as appropriate/specified in approved work plan)

- Certified pre-cleaned, 6-Liter Summa Canisters
- Laboratory instructions & shipping materials
- Flow controllers calibrated for a specified collection period (8 to 24 hours or as specified within the Site Investigation Work plan)
- Vacuum gauge (either separate or attached to flow controller)
- Appropriate tubing to collect samples as required
- Recording pressure gage to measure pressure differential throughout sampling period or as specified in the work plan.

2.3.8.b Sorbent Tube Method (TO-17)

- Air pump
- Appropriate sample tube

Note: Analytical detection limits available by TO-17 method may be too high to allow indoor air data to be compared to indoor air screening levels

2.3.8.c Passive Sampler Method

- Passive Samplers in manufacturer packaging that:
 - are appropriate to the contaminants of concern
 - have appropriate detection limits
 - have sample collection periods appropriate to site and sampling goals
- Laboratory instructions and shipping materials
- Sample deployment equipment/holders (supplied by the manufacturer)

2.3.8.d Other Tools

- Camera to take photos of sampling locations and setup
- Field notebooks
- Non-VOC pens/markers etc.

2.3.9 Analytical Methods

Recommended Analytical Methodologies for Indoor Air Sampling (must be approved by WMPD prior to collecting sample):

Method No.	Collection Device	Type of Compounds	Detection Limit Range
TO-3	Cryotrap GC/FID	VOC	0.2 - 400 $\mu\text{g}/\text{m}^3$ (0.1 - 200 ppbv)
TO-13A	Polyurethane foam GC/MS	PAH	0.5 - 500 $\mu\text{g}/\text{m}^3$ (0.6 - 600 ppbv)
TO-15	Summa Canister GC/MS	VOC (polar/non-polar)	0.4-20 $\mu\text{g}/\text{m}^3$ (0.2-2.5 ppbv)
TO-15	Summa Canister GC/MS	VOC Selective Ion Method analysis	Compound specific low detection limits
TO-17	Single/multi-bed sorbent tube GC/MS FID	VOC	0.4 - 20 $\mu\text{g}/\text{m}^3$ (0.2 - 2.5 ppbv)
8021B	Tedlar Bag – Summa Canister GC/PID	VOC (VT DEC Petroleum compounds target list)	4.0 - 60 $\mu\text{g}/\text{m}^3$ (0.3 - 30 ppbv)
8260	Tedlar Bag – Summa Canister GC/MS	VOC	10.0 - 50.0 $\mu\text{g}/\text{m}^3$ (0.6 - 25 ppbv)
8270	Tedlar Bag – Summa Canister GC/MS	SVOC	1000 $\mu\text{g}/\text{m}^3$ (20,000 - 100,000 ppbv)
Compound specific	Passive sorbent samplers	VOC SVOC	Compound and sampler specific

Appendix C

Vapor Intrusion Mitigation

Vapor Intrusion (VI) Mitigation

1.0 Introduction

When vapor intrusion is occurring and vapors from subsurface contamination are present in a building in concentrations exceeding the indoor air standards in Appendix A of the Investigation and Remediation of Contaminated Properties Rule, mitigation is necessary. The goal of VI mitigation is to prevent contaminated soil vapors from entering existing or future structures. This includes blocking any pathways that allow the vapors to enter structures.

Please note that while the primary purpose of VI mitigation is to halt the vapor intrusion, VI mitigation can be an integral part of the site-wide corrective action designed to remove contamination from the subsurface.

In existing structures where VI is an issue, there are a number of methodologies that can be used to mitigate VI. This document is not an engineering guide into how to design a Vapor Mitigation System but will point out some of the issues that need to be considered in choosing the type of mitigation system and the design. References in the literature to help design a Vapor Intrusion Mitigation system include but are not limited to:

- U.S. Environmental Protection Agency, Office of Solid Waste and Emergency Response, June 2015, "OSWER Technical Guide for Assessing and Mitigating the Vapor Intrusion Pathway from Subsurface Vapor Sources to Indoor Air" OSWER Publication 9200.2-154.
<https://www.epa.gov/sites/production/files/2015-09/documents/oswer-vapor-intrusion-technical-guide-final.pdf>
- NJ DEP January 2018, "Vapor Intrusion Technical Guidance" Version 4.1
https://www.nj.gov/dep/srp/guidance/vaporintrusion/vig_main.pdf?version_4.1
- Interstate Technology & Regulatory Council (ITRC). 2007. Vapor Intrusion Pathway: A Practical Guideline. ITRC Vapor Intrusion Team. www.itrcweb.org.
- Interstate Technology & Regulatory Council (ITRC). 2014. Petroleum Vapor Intrusion: Fundamentals of Screening, Investigation and Management. ITRC Petroleum Vapor Intrusion Team. www.itrcweb.org.

2.0 Interim VI Mitigation Strategies to Address Immediate Acute Risk

If the vapor is entering the building in concentrations that may cause an immediate acute risk (as described on page 2), the acute risk must be addressed as quickly as possible.

There are a number of activities that can be quickly implemented as an interim action to address any acute risk to inhabitants of structures. The primary strategy is to block the pathways that are allowing vapors to enter the structure. An initial and quickly implemented method could be to

manage the air flow in the building to create a positive pressure in the basement or building with respect to the sub-slab vapor. In large commercial buildings this could include balancing heating and ventilation system (HVAC) to create positive air pressure in the building. In a residence this could include placing a fan in a basement window to blow outdoor air into the basement or crawl space.

Other strategies include:

- sealing major openings and cracks in the slab with caulk or expanding foam (volatile compound free)
- repairing compromised areas of the slab
- covering and sealing exposed earth
- covering and sealing sump pits and venting them to the outdoors
- enhancing natural ventilation of the building
- limiting access to the building or area of impact

If the vapor intrusion is causing an immediate threat to human health, it may be necessary to immediately remove any occupants from the structure until an interim system can be installed.

It may be possible to conduct indoor air treatment using carbon air filtration fan units. This will require testing of indoor air quality before and after installation of the treatment unit or units to ensure the filters are adequately treating indoor air prior to reoccupying the building. It will also be necessary to periodically test the indoor air and treatment system to ensure the system is maintaining treatment efficiency.

3.0 Active Sub-slab Depressurization Systems (SSDS)

The objective of a SSDS is to create lower air pressure in the sub-slab than in the building therefore create a negative pressure differential between the building and the sub-slab. This will prevent vapors in the sub-slab from entering the building. SSDS are generally very successful in preventing vapor intrusion. An active SSDS can be configured to also work as a soil vapor extraction system to help actively remediate shallow soils and soil vapor. In order to help ensure success there are a number of issues that need to be considered:

3.1 Considerations for Basements

- 1) If the SSDS will be installed in a basement or crawl space, is the floor a poured slab or a dirt or rock floor? If the basement floor is not a slab, either a slab will have to be poured or other mitigation method used.
- 2) Is the slab competent or cracked? In order for a SSDS to work, any cracks will need to be filled.
- 3) Are the basement walls/foundation poured concrete, concrete block, or field stone. If the walls are block or poured foundation, are there cracks or is it crumbling? If the basement walls/foundation are field stone walls or is a block or poured foundation that is in poor shape and crumbling with lots of cracks, an active SSDS will likely not be able to maintain a

pressure field under the slab as the vapor flow will short circuit through the open spaces in the in the walls.

- 4) Where do utilities penetrate the slab or basement walls? Are these sealed or can they be sealed so they do not cause short circuiting of vapor flow?
- 5) Is the basement wet? If so, is the groundwater table high enough to be within three feet of the slab? If so, an active sub-slab system may not be able to be installed.
- 6) Is there a sump in the basement? If so, it may indicate a high groundwater table.
- 7) If there is a sump in the basement with standing water? The water quality should be tested as it may be the source of the vapors in the basement.
- 8) A sump may be dry during parts of the year and may act as a pathway for vapors to enter the building.

3.2 Considerations for Slab-on-grade Foundations

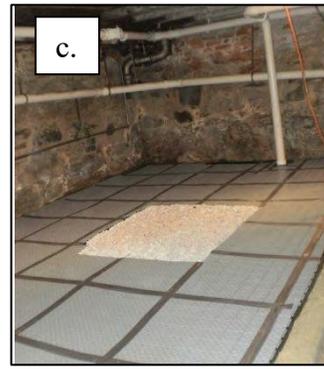
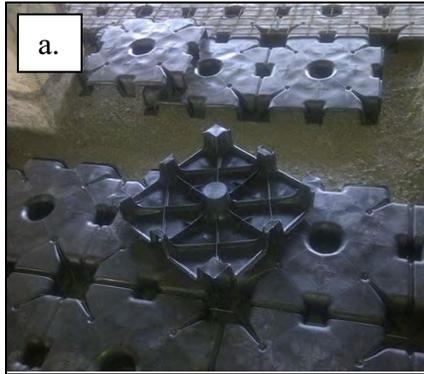
- 1) What is the condition of the slab if it can be inspected?
- 2) Has the building had additions added to it over time? If so, there may be frost walls or foundations that are not readily visible but may create barriers to sub-slab vapor flow both for contaminant migration and mitigation.

3.3 Aerated Floor Systems

Where a slab is cracked and can't be repaired, where there is no slab, or where there are multiple frost walls, sub-slab depressurization may be impractical. An alternative to a sub-slab depressurization system is an aerated floor system. This is a system of interlocking blocks that have channels to allow air to flow through laterally.

These blocks can be installed on top of an existing slab, dirt floor, or vapor barrier. Once the aerated floor is installed and vent piping installed, a concrete slab is poured over the blocks. These systems are generally considered a form of active vapor mitigation and include vertical vent pipes and a powered fan to move air from the blocks below the slab, through the vent pipe, and discharge it to the outside.

Installation of an Aerated Floor System



- (a)** Example of aerated floor blocks;
- (b)** Aerated floor being installed;
- (c)** Floor installation complete;
- (d)** Concrete slab poured on top of aerated floor blocks;
- (e)** vertical vent pipes and fan discharge air above the roof line.

3.4 Sump Pump Pit Remediation

Many basements have sump pumps to prevent shallow groundwater from entering into the basement. If the water in the sump is contaminated with volatile compounds, these can volatilize from the sump water into the indoor air. To remedy this issue, the sump must be sealed and vented to the outdoor air. The discharge line must be plumbed to an appropriate discharge location. In many cases it is appropriate to have a backup pump in the sump so if the active pump ceases working, the backup pump will take over and prevent discharge of water to the basement.



Sump remedial system under construction with two water discharge lines and one vent line (left); Sump air vent and discharge lines (right).

3.5 Demonstrating the Effectiveness of an Active VI Mitigation System.

3.5.1 SSDS Active VI mitigation

SSDS focuses on removing the pathway for contaminated soil vapors to enter the structure. To demonstrate that the VI mitigation is preventing VI, the system must generate negative air pressure with respect to indoor air pressure. This will force indoor air in the building to flow into the sub-slab thereby preventing VI.

A pressure field of at least 2 pascals must be generated between the indoor air and the subsurface under the building.

If the building where the SSDS system is being installed is a large building and the contamination is not present under the entire building, the SSDS system can be limited to the portions of the building where the subsurface soil vapors may be creating a VI issue. In these cases, the 2 pascals pressure field must encompass the entire contaminated portion of the subsurface. This must be demonstrated with pressure monitoring points.

The 2 pascals pressure differential must be demonstrated to be continuous throughout the year by a minimum of quarterly monitoring occurring during the spring, summer, fall, and winter. It is common to monitor the pressure field monthly for the first year of operation converting to quarterly after one or more years of quarterly monitoring. The monitoring schedule will be included in the Corrective Action Plan.

The design of the SSDS must also take into account the presence of utilities that can create a large chimney effect that could override the SSDS. An example of this could be a wood or gas fired pizza

oven or restaurant range hood. The air that these systems use, may need to be supplied by outside air to prevent overriding the SSDS.

3.5.2 HVAC Balancing

If the building HVAC system is balanced to create positive pressure in the building instead of using an SSDS as the VI Mitigation, the corrective action must include monitoring to demonstrate the 2 pascal pressure field forcing indoor air to flow into the subsurface and prevent VI under the entire building. The Corrective Action Plan must also take into account seasonal differences in the operation of the HVAC system to maintain the required positive pressure.

3.5.3 Sump Pit Vapor Remediation

To demonstrate that sealing the sump pit and venting it to the outside air is effective in preventing vapors from the sump from entering the indoor air in the structure, the air quality must be tested directly above the sump before and after construction of the seal and ventilation system. The sump can also be tested for a complete seal.

4.0 Passive VI Controls

Passive VI control integrated into the structure of a building's foundation may be an acceptable method to prevent VI in a new building, and in some cases, in existing buildings. However, these will only be acceptable where the seasonal high groundwater table is a minimum of three feet below the slab.

Structural VI mitigation controls installed during building construction shall include a dual VI prevention system strategy consisting of an impermeable vapor membrane combined with either a passive sub-slab depressurization system or a passive sub-slab ventilation system.

The purpose of the two-system strategy is in part due to the difficulty in assessing the efficacy of the passive remediation system. Unlike with active sub-slab depressurization, it can be difficult to demonstrate a pressure gradient from the building to the sub-slab. A pressure differential between the structure and sub-slab could be measured, but that would involve penetrating the vapor membrane so is not suggested. Indoor air sampling has been suggested as a method to demonstrate the system is working, but indoor air quality can be significantly influenced by materials in the building or ambient air so is therefore not suggested.

4.1 Impermeable Vapor Membrane

All new structures built must be constructed with an impermeable vapor membrane between the slab and the subsurface. This shall cover the bottom of the slab and if the building has a basement, the vapor membrane may extend up the sides of the basement to directly below the frost depth.

Standard spray on water proofing material above the frost line will act as a vapor barrier in the shallow subsurface.

Utility penetrations of the membrane must be minimized and sealed with a site specific chemical resistant sealant. Vapor membranes may be separate material or sprayed onto the underside of the slab. The materials in the membrane must be resistant to the chemicals of concern at the site.

4.2 Passive Sub-slab Depressurization System

A passive sub-slab depressurization system is installed below a vapor membrane in permeable sub-slab materials. Slotted piping can be installed in the permeable materials and are connected to a vent pipe that moves vapors from the sub-slab to the outdoor air. This pipe draws vapors from the subsurface to above the roof line. It must be installed in the building so the air in the pipe is warmer than the soil vapor below the building. This helps create an upwards draft and promotes flow from the subsurface through the vent pipe. The vent pipe exits the house through the roof. The vent pipe should have a wind powered turbine to help induce vacuum when the wind is blowing. Solar powered wind turbines are available and can increase the efficiency of the turbine by creating a vacuum when the wind isn't blowing. This does not change the system from a passive to active system. A passive system can be converted to active with the installation of a mechanical blower.



Wind turbine used as part of a passive system.

4.3 Sub-slab Ventilation System

A sub-slab ventilation system uses a high permeability venting layer located under the slab and membrane. This allows soil vapor to move laterally to the outside of the slab. Slotted collection piping can be installed to collect soil vapor and channel it to discharge to the atmosphere or shallow soil gas outside of the sub-slab area. The movement of vapor through the permeable material will also draw in air from outside of the foundation to dilute the vapors in the ventilation layer. Some designs also have piping that brings outside air into the ventilation layer to dilute the vapors.

4.4 Assessing Effectiveness of Passive VI Prevention

The documented construction of the dual passive remedial actions is acceptable to demonstrate the system will prevent VI.

Two-part passive systems may be installed in existing buildings if the WMPD approves a plan that demonstrates the efficacy of the system in preventing VI. An example could be filling in the basement of a home with ongoing VI with flowable fill, installing a passive subslab depressurization system, covering it with more fill, covered with a vapor membrane that is covered with structurally sound concrete. Indoor air sampling after the system has been installed and Land Use Restrictions will be required to ensure the system is working appropriately and maintained.

5.0 Indoor Air Issues from Contaminated Building Materials

While not strictly vapor intrusion from the subsurface, in buildings where volatile compounds have been spilled onto flooring and soaked into it, these compounds can off-gas from the materials causing concentrations of volatile compounds in the indoor air to exceed standards. This can also happen when vapors are heavier than air and sink into porous flooring such as concrete.

To mitigate these issues the floor can be removed and re-poured, or an aerated flooring system installed. It may also be possible to paint a chemical resistant epoxy sealant on the floor. Increasing ventilation may be an option but may be difficult in the winter months.

In other structures with long term use of volatile compounds, the compounds can be caught in building materials such as insulation or wall board and also off gas into the indoor air in high concentrations. This commonly happens with volatile organic compounds, but it can also happen with mercury vapors. Remedial options can include encapsulating the material or increasing ventilation of the building. The permanent option may be to remove and replace the building materials and cleaning frame of the building.

5.1 Assessing effectiveness of remediation Indoor air issues from contaminated building materials

A flux chamber can be used before and after encapsulation of contaminated building materials to demonstrate off gassing is not occurring. This must be conducted at a minimum quarterly top account for changing indoor air temperatures. Indoor air quality testing before and after encapsulating materials may also be beneficial to demonstrate the efficacy of the encapsulation.

If building materials are removed to mitigate this scenario, indoor air quality testing conducted after removing the materials must be conducted to demonstrate that enough contaminated materials were removed to mitigate the issue. This testing should be conducted under the worst-case situation, during hot weather with the building closed and no ventilation or cooling occurring.

6.0 Future Construction and Institutional Controls

Where subsurface volatile contamination exists at a site in concentrations in soil, soil vapor, or groundwater that could cause indoor air quality to exceed standards, institutional controls (IC's) must be put into place that require any new structures to be constructed in a manner to prevent VI.

IC's can include an easement between a state or local municipality and the property owner that requires any new construction to include structural controls that will prevent vapor intrusion. As an alternative to easements, a municipality or state could change building codes to require all new structures regardless of location to be constructed with structural controls that prevent VI, but that is beyond the scope of this document.

In some cases it may be possible to excavate all contaminated soils prior to constructing a new building. This will prevent VI, but may not be practical, or cost effective and may require off-site disposal of hazardous soil.

Appendix D

Forms

INITIAL BUILDING ASSESSMENT & INVENTORY

A survey of the presence of possible indoor air contaminant sources (dry cleaned clothing, etc.) needs to be conducted prior to indoor air sampling. While this may not be possible in all buildings being assessed, if at all possible, this survey using this document should be completed at least 48 hours prior to sampling the indoor air.

This document will be used during all future indoor air sampling events to help document changes in the indoor conditions and any changes that might affect indoor air quality.

Preparer's Name: _____ Date/Time Prepared _____

Preparer's Affiliation: _____ Phone No. _____

Purpose of Investigation _____

OCCUPANT:

Interviewed: Y/N

Last Name: _____ First Name: _____

Address: _____

Home/Cell Phone: _____ Office Phone: _____

Other Contact Information _____

of Occupants/persons at this location _____ Ages of Occupants: _____

OWNER or LANDLORD (Check if same as occupant : _____)

Interviewed: Y/N

Last Name: _____ First Name: _____

Address: _____

OWNER or LANDLORD (continued)

Home/Cell Phone: _____ Office Phone: _____

Other Contact Information _____

BUILDING CHARACTERISTICS:

Type of Building: (Circle appropriate response)

Residential School Commercial/Multi Use
Industrial Religious Other: _____

Year Constructed: _____

If Property is residential (Circle type)

Ranch 2-Family 3-Family Farmhouse
Raised Ranch Split Level Colonial Historic
Cape Cod Contemporary Mobile Home Modular
Log Home Apartment House Townhouse/Condos
Other: _____

If multiple unit, how many? _____

If Property is Commercial:

Business Type/s _____

Does it include residences? Y/N If yes, how many: _____

If Property is Industrial:

What type of Industry? _____

Chemicals used on site: _____

RESIDENTIAL BASEMENT AND CONSTRUCTION CHARACTERISTICS

(Circle those that apply)

Above grade construction: wood frame concrete stone brick _____

Basement type: full crawlspace None: slab other _____

Basement floor: concrete dirt stone other _____

Basement floor: uncovered covered covered with _____

Concrete floor: unsealed sealed sealed with _____

Foundation walls: poured block stone other _____

Foundation walls: unsealed sealed sealed with _____

The basement is: wet damp dry moldy

The basement is: finished unfinished partially finished

Is a sump or sumps present? Y / N How many? _____

Is there water in the sump or sumps? Y / N Are Sump/Sumps actively pumping? Y/N

Where do sumps discharge? _____

What is the condition of the slab: _____

What is the condition of the walls: _____

(If possible, the condition of the walls and slab should be photo documented)

If there is a basement, what is the approximate lowest depth below grade? _____ (feet)

Identify potential soil vapor entry points and approximate size (e.g. cracks, utility ports, drains)

Notes: _____

HEATING, VENTING and AIR CONDITIONING

(Circle those that apply)

Type of heating system(s) used in the building (Circle all that apply)

- | | | |
|------------------------|--------------------------|---------------------|
| Hot air circulation | Heat pump | Hot water baseboard |
| Hot water radiators | Steam radiators | Space heaters |
| Radiant floor | Electric baseboard | Wood/Coal stove |
| Vented Kerosene Heater | Unvented Kerosene Heater | |
| Outdoor wood boiler | Other _____ | |

Describe heating system: _____

If more than one heating system is used (e.g. wood stove & oil fired furnace), provide an estimate of what percent of total heating demand is supplied by each heating system: _____

Primary Fuel Type:

- | | | |
|-------------|----------|----------|
| Natural Gas | Fuel Oil | Kerosene |
| Electric | Propane | Solar |
| Wood | Coal | |
| Other _____ | | |

Is there an outdoor supplied air vent/fan to the furnace? Yes No

Is there a whole house fan? Yes No

The Boiler/Furnace is located: Basement Main Floor Outdoors Other _____

Is there fuel storage in the basement or garage Y/N

If so, describe: _____

Look for abandoned fuel lines from previous tanks, underground or aboveground.

Describe any: _____

Is a radon mitigation system installed and operating? Yes No

Is there air conditioning? Central Air Window Units None

Locate exhaust fans (cooking, bathroom, etc.): _____

Notes _____

OCCUPANCY

Is basement/lowest level occupied? Full-time Occasionally Seldom Never

General Use of Each Floor (e.g., family room, bedroom, laundry, workshop, storage)

Basement: _____

1st Floor _____

2nd Floor _____

3rd Floor _____

Other: _____

FACTORS THAT MAY INFLUENCE INDOOR AIR QUALITY

- a. Is there an attached garage? Yes No
 - b. Does the garage have a separate heating unit? Yes No NA
 - c. Are petroleum-powered machines or vehicles stored in the garage (e.g., lawnmower, ATV, car) Yes No NA
Specify: _____
 - d. Has the building ever had a fire? Yes No Unknown When _____
 - e. Is a kerosene or unvented gas space heater present? Yes No Where _____
 - f. Is there a workshop or hobby/craft area? Yes No Where & Type _____
 - g. Is there smoking in the building? Yes No
 - h. Has painting/staining been done in the last 6 months? Yes No
Where & When? _____
If so: what type (latex, oil, etc.): _____
 - i. Is there new carpet, drapes or other textiles? Yes No
What Type, Where & When: _____
 - j: Have carpets, drapes or other textiles been professionally cleaned recently: Yes No
If so, how? _____
 - k. Have air fresheners been used recently? Yes No Unknown
When & Type? _____
 - l. Is there a kitchen exhaust fan? Yes No
If yes, flow rate (if known) and where vented? _____
 - m. Is there a bathroom exhaust fan? Yes No
If yes, where vented? _____
 - n. Is there a clothes dryer? Yes No
If yes, is it vented outside? Yes No
 - o. Has there been an interior or exterior or pesticide application? Yes No
If yes, when & type? _____
- Are there any odors in the building? Yes No
- If yes, please describe _____

FACTORS THAT MAY INFLUENCE INDOOR AIR QUALITY

Do any of the building occupants use solvents at work? Yes No
(e.g., chemical manufacturing or laboratory, auto mechanic or auto body shop, painting, fuel oil delivery, boiler mechanic, pesticide application, cosmetologist, dry cleaning)

If yes, what types: _____

If yes, are their clothes washed at work? Yes No

Do they wear a uniform at work that they do not bring home? Yes No

Do any of the occupants work at a dry cleaners? Yes No

Do any of the occupants dry clean their clothes? (Circle appropriate response)

No

Yes, use dry cleaner weekly

Yes, use dry cleaners infrequently (monthly or less)

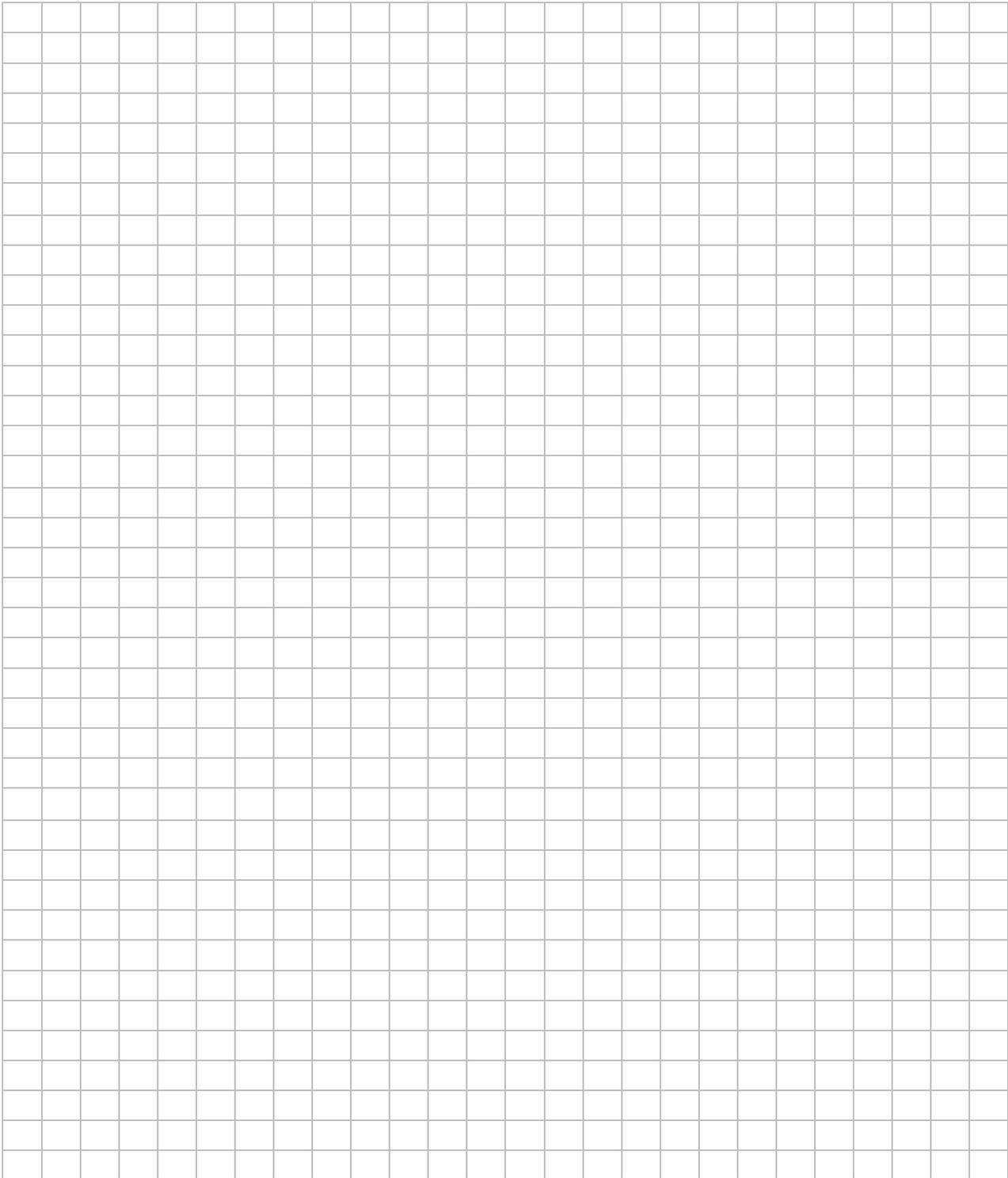
INDOOR CONTAMINANT SOURCES (IF INDOOR AIR SAMPLING IS OCCURRING)

Identify all potential indoor sources found in the building (including attached garages), the location of the source (floor and room). If possible, any potential sources should be removed from the building 48 hours prior to the sampling event. Please note whether or not the potential source was removed. Any ventilation implemented after removal of the items should be completed at least 24 hours prior to the commencement of the indoor air sampling event. Use either of the two tables below as appropriate.

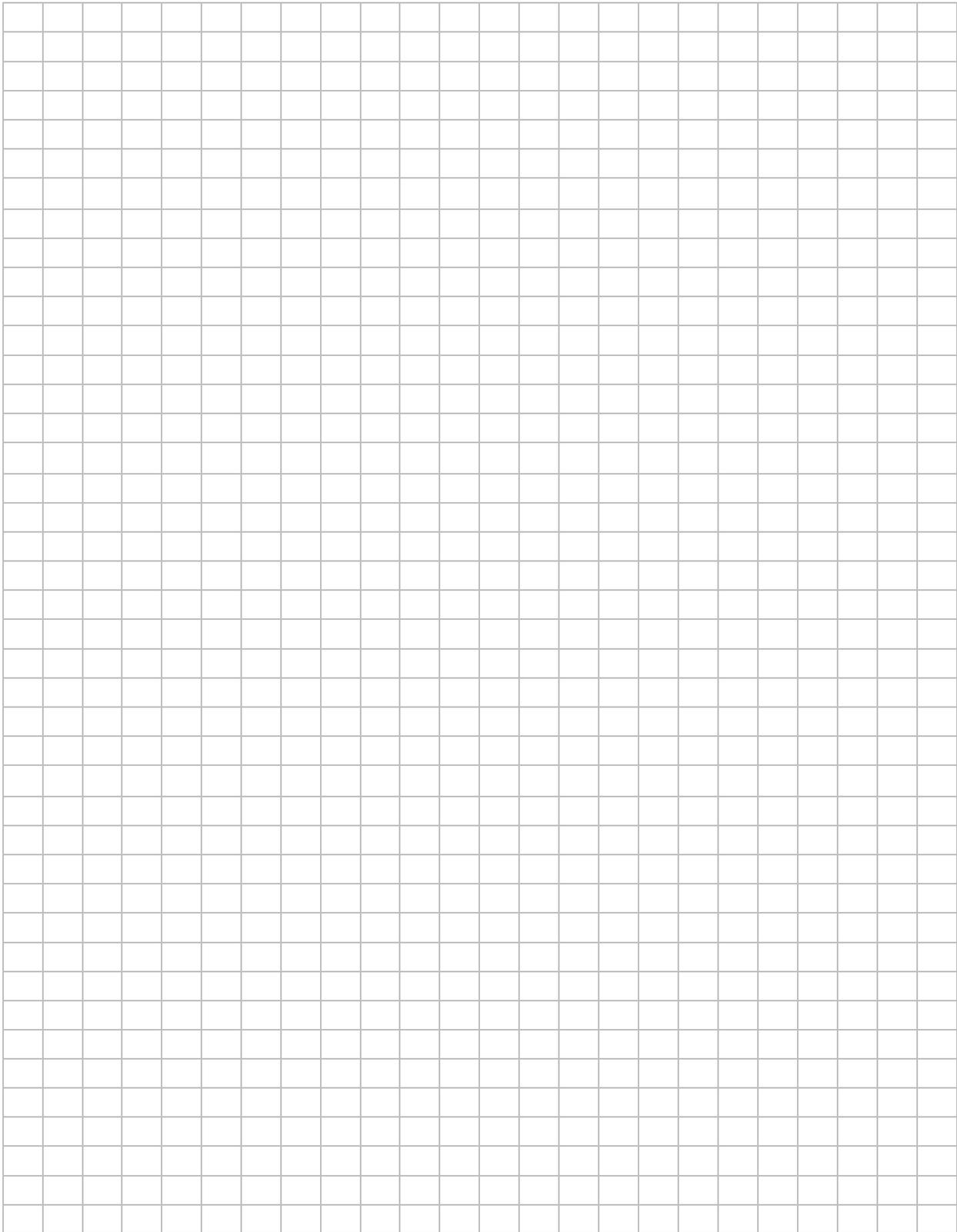
Potential Sources	Description/Location(s)	Removed (Yes / No/ NA)
Gasoline storage cans		
Gas-powered equipment		
Kerosene storage cans or lanterns		
Paints / thinners / strippers		
Cleaning solvents		
Oven cleaners		
Carpet / upholstery cleaners		
Other house cleaning products that might contain contaminants of concern		
Moth balls		
Polishes / waxes		
Insecticides		
Furniture / floor polish		
Nail polish / polish remover		
Hairspray		
Air fresheners		
Cologne / perfume		
Fuel tank (inside building)		NA
Wood stove or fireplace		NA
New furniture / upholstery		
New carpeting / flooring		NA
Hobbies - glues, paints, etc.		

FLOOR PLANS

Basement Layout: Identify furnace and water heater, chemical storage, utility entrances, major cracks in floors/walls, sumps, chimney, etc., and sample locations if appropriate. Identify which direction is north.



First Floor Layout: Identify furnace and water heater, chemical storage, vent locations, preliminary screening locations, and sample locations. Also identify which direction is north.



Indoor Air Sample Collection Record

Site Name _____ Site Number _____

Site Location _____ Sample Intake Height _____

Sampler Name: _____

Site Sketch or photograph

Weather Conditions

Start of sampling period:

Cloudy/Fair/Raining/ Snowing (Circle those that apply) Temperature _____°F

Rain within last 24 hours Y N Amount _____

Snow within last 24 hours Y N Amount _____

Barometric Pressure _____

Where was pressure measured: Site Nearby Airport Weather Observation Station

End of Sampling Period

Cloudy/Fair/Raining/ Snowing (Circle those that apply) Temperature _____°F

Rain within last 24 hours Y N Amount _____

Snow within last 24 hours Y N Amount _____

Barometric Pressure _____

Where was pressure measured: Site Nearby Airport Weather Observation Station
(Circle those that apply)

Sample Information

Sample Location _____

Sampling Method: Summa Canister Y N Other (describe): _____

Sample ID	Sample Times	Dates	Beginning Pressure Gauge Reading	Ending Pressure Gage Reading	Flow Rate	Analysis Required
	Beginning Ending	Beginning Ending				
	Beginning Ending	Beginning Ending				
	Beginning Ending	Beginning Ending				
	Beginning Ending	Beginning Ending				
	Beginning Ending	Beginning Ending				

notes: